


<b>Name of Policy:</b> Training of Advanced Practice Nurses Supervising Exercise Lab  <b>Policy Number:</b> 3364-106-S05  <b>Approving Officer:</b> Chief Operating Officer  <b>Responsible Agent:</b> Director of Cardiovascular Services, Medical Director, Non-Invasive Cardiac Imaging  <b>Scope:</b> University of Toledo Medical Center		  <b>Effective date:</b> 3/24/2025  <b>Original effective date</b> 4/1993	
Key words: Stress Test, Training, Advanced Practice Nurse, Exercise Lab, Supervision			
<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy
<input type="checkbox"/>	Major revision of existing policy	<input checked="" type="checkbox"/>	Reaffirmation of existing policy

**(A) Policy Statement**

Advanced Practice Nurses supervising exercise tests at the University of Toledo Medical Center will complete the minimum of a four-month training prior to independently supervising exercise tests.

**(B) Purpose of Policy**

To provide a structured training period for Advanced Practice Nurses supervising exercise tests.

**(C) Procedure**

Advanced Practice Nurses hired to supervise exercise tests at the University of Toledo Medical Center will proceed through a structured training program as follows:

Week	Topic
1	General orientation to University of Toledo Medical Center and Heart and Vascular Center Complete general Heart and Vascular Center orientation check list
2	General orientation to Heart Station Exercise Lab. Learn Exercise Lab/Heart Station policies and procedures. Observe exercise testing.
3 & 4	Advanced 12-lead EKG interpretation with Cardiologists/Cardiology Fellows
5	Observe exercise testing, learn scheduling, paperwork
6	Read exercise tests with Cardiologists/Cardiology Fellow
7	Learn exercise technician duties; review exercise policies, procedures, protocols
8-9	Begin supervision of exercise tests with trained Advanced Practice Nurse
10-11	Observe other Heart and Vascular Center tests. Continue supervision of exercise tests with trained Advanced Practice Nurse

3364-106-S05 Training of Advanced Practice Nurses Supervising Exercise Lab

13-15	Complete Exercise Lab checklist; supervise exercise tests with minimal assistance
16	Supervision of exercise tests; review of exercise policies and procedures

Advanced Practice Nurses may independently supervise exercise tests upon completion of four-month training period with the approval of the Medical Director of the Non-Invasive Cardiac Imaging Exercise Lab. The probationary period for this position will be 180 days (6 months). This structure is based on a 40-hour week. Orientation for a part-time nurse may be extended.

<p>Approved by:</p> <p>/s/</p> <hr/> <p>Todd Korzec, RN, BSN Director, Cardiovascular Services</p> <p>3/6/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Samer Khouri, MD Medical Director, Non-Invasive Cardiac Imaging</p> <p>3/7/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Christine Stesney-Ridenour, FACHE Chief Operating Officer</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p><i>Review/Revision Completed by:</i> <i>Director, Cardiovascular Services</i></p>	<p><b>Policies Superseded by This Policy:</b></p> <ul style="list-style-type: none"> <li>• <i>None</i></li> </ul> <p>Initial effective date: 4/1993</p> <p>Review/Revision Date:</p> <p>8/95 10/95 9/97 3/99 4/01 5/03 5/05 5/07 8/10 6/13 3/16 3/19 3/22 03/24/2025</p> <p>Next review date: 3/24/2028</p>
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