(A) Policy Statement

A patient education information sheet or informed consent form (for pediatric patients) will be signed by all patients prior to testing.

(B) Purpose of Policy

To ensure that the patient has received a clear explanation and understands the purpose of the test, the test itself, risks involved, and the potential for any necessary resuscitative measures.

(C) Procedure

1. A patient education information sheet will be given to patients prior to testing for them to read.
2. The exercise technologist and/or nurse or the physician will explain the exercise test, side effects possible, and answer any questions prior to testing.
3. The patient's signature and a signature of a witness will be obtained.
4. Pediatric testing informed consent will be obtained from parent or guardian by supervising M.D.