


Name of Policy: Patient Care Guidelines for the Stress Lab Policy Number: 3364-106-S10 Approving Officer: Chief Operating Officer Responsible Agent: Director of Cardiovascular Services, Medical Director, Non-Invasive Cardiac Imaging Scope: University of Toledo Medical Center		 Effective date: 3/24/2025 Original effective date: 8/2013	
Key words: Stress Test, Patient Care, Guidelines, Screening, Monitor			
<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy
<input type="checkbox"/>	Major revision of existing policy	<input checked="" type="checkbox"/>	Reaffirmation of existing policy

A) Policy Statement

Guidelines will exist for screening and testing patients in the stress lab.

(B) Purpose of Policy

To ensure that patients are consistently and safely screened and monitored during the stress testing procedure.

(C) Procedure

1. Patient care guidelines #1-10 will be followed for all patients seen in the stress lab.
2. If patient care issues arise outside of these guidelines, Policy #3364-106-S06 RN Backup for Stress Testing will be utilized.
3. Documentation will be completed on Heart Station stress test assessment form.
4. Guidelines #1-10 attached.

3364-106-S10 Patient Care Guidelines for the Stress Lab

<p>Approved by:</p> <p>/s/</p> <hr/> <p>Todd Korzec, RN, BSN Director, Cardiovascular Services</p> <p>3/6/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Samer Khouri, MD Medical Director, Non-Invasive Cardiac Imaging</p> <p>3/7/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Christine Stesney-Ridenour, FACHE Chief Operating Officer</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p><i>Review/Revision Completed by: Director, Cardiovascular Services</i></p>	<p>Policies Superseded by This Policy:</p> <ul style="list-style-type: none">• <i>None</i> <p>Initial effective date: 8/2013</p> <p>Review/Revision Date:</p> <p>08/13 03/15 3/16 3/19 3/22 3/24/2025</p> <p>Next review date: 3/24/2028</p>
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