Name of Policy: **Contraindications for Head-Upright Tilt Table Testing**  
Policy Number: 3364-106-T02  
Department: Cardiology Clinic  
Approving Officer: Vice President Clinical Services  
Responsible Agent: Director Cardiovascular Services  
Scope: University of Toledo Medical Center Cardiology Clinic  

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**Effective Date:** 7/24/2015  
Initial Effective Date: 8/25/2010

(A) **Policy Statement**

The University of Toledo Heart and Vascular Center will maintain a standard format to follow for Head-Upright Tilt Table procedures in order to avoid potential complications.

(B) **Purpose of Policy**

To perform the test on patients appropriate for testing, avoiding all contraindications.

(C) **Procedure**

Listed below are general considerations for contraindications for performing a Tilt Table Test.

1. Patient unable to stand.
2. Patient uncooperative, combative, or unable to follow instructions.

Listed below are the general considerations for contraindications for performing a Tilt Table Test:

1. Known, untreated 3 vessel disease (CAD)
2. Known history of sustained Ventricular Tachycardia
3. Moderate to severe Aortic Stenosis
4. Known Hypertrophic Cardiomyopathy
5. Current chest pain