


Name of Policy: Contraindications of Head Upright Tilt Table Testing Policy Number: 3364-106-T02 Approving Officer: Chief Executive Officer-UTMC Responsible Agent: Director of Cardiovascular Services Scope: University of Toledo Medical Center		 Effective date: 01/9/2025 Original effective date: 8/2010	
Key words: Tilt Table, Contraindications, Testing, Procedure, Study			
<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy
<input type="checkbox"/>	Major revision of existing policy	<input checked="" type="checkbox"/>	Reaffirmation of existing policy

(A) Policy Statement

The University of Toledo Heart and Vascular Center will maintain a standard format to follow for Head-Upright Tilt Table procedures in order to avoid potential complications.

(B) Purpose of Policy

To perform the test on patients, appropriate for testing, avoiding all contraindications.

(C) Procedure

Listed below are general considerations for contraindications for performing a Tilt Table Test.

1. Patient unable to stand.
2. Patient uncooperative, combative, or unable to follow instructions.

Listed below are the general considerations for contraindications for performing a Tilt Table

1. Known, untreated 3 vessel disease (CAD)
2. Known history of sustained Ventricular Tachycardia
3. Moderate to severe Aortic Stenosis
4. Known Hypertrophic Cardiomyopathy
5. Current chest pain

<p>Approved by:</p> <p>/s/</p> <hr/> <p>Todd Korzec, RN, BSN Director, Cardiovascular Services</p> <p>1/6/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Blair P. Grubb, MD Director, Syncope & Autonomic Disorders</p> <p>1/9/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Christine Stesney-Ridenour, FACHE Chief Operating Officer</p> <p>1/8/2025</p> <hr/> <p>Date</p> <p><i>Review/Revision Completed by: Director, Cardiovascular Services</i></p>	<p>Policies Superseded by This Policy:</p> <ul style="list-style-type: none">• <i>None</i> <p>Initial effective date: 8/2010</p> <p>Review/Revision Date: 6/10/2013 7/24/2015 3/1/2019 3/2022 1/9/2025</p> <p>Next review date: 1/9/2028</p>
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