(A) **Policy Statement**

The University of Toledo Heart and Vascular Center will maintain a standard format to follow for Head-Upright Tilt Table procedures in order to avoid potential complications.

(B) **Purpose of Policy**

To perform the test on patients appropriate for testing, avoiding all contraindications.

(C) **Procedure**

Listed below are general considerations for contraindications for performing a Tilt Table Test.

1. Patient unable to stand.
2. Patient uncooperative, combative, or unable to follow instructions.

Listed below are the general considerations for contraindications for performing a Tilt Table.

1. Known, untreated 3 vessel disease (CAD)
2. Known history of sustained Ventricular Tachycardia
3. Moderate to severe Aortic Stenosis
4. Known Hypertrophic Cardiomyopathy
5. Current chest pain
## Contraindications for Head-Upright Tilt Table Testing

<table>
<thead>
<tr>
<th>Approved by:</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Todd Korzec</td>
<td>02/28/19</td>
</tr>
<tr>
<td>Director, Cardiovascular Services</td>
<td>Date</td>
</tr>
<tr>
<td>Blair P. Grubb, MD</td>
<td>03/04/19</td>
</tr>
<tr>
<td>Director Syncope &amp; Autonomic Disorders</td>
<td>Date</td>
</tr>
<tr>
<td>Dan Barbee, RN, BSN, MBA</td>
<td>03/08/19</td>
</tr>
<tr>
<td>Chief Executive Officer - UTMC</td>
<td>Date</td>
</tr>
</tbody>
</table>

*Review/Revision Completed By: Todd Korzec*

*Heart Station / Cardiology Clinic*

*Next Review Date: 3/2022*

Policies Superseded by This Policy: