

NURSING SERVICES GUIDELINE 6CD INPATIENT DETOX UNIT

Guideline: Admission Criteria



Policy Number Superseded:

Responsibility: Program Director/Charge
Nurse/Designee

Effective Date:
April 2025

Purpose of Guideline: The process for admission to the detox unit is based on each patient's intake assessment, to assure that patients are admitted to the detox unit in a legal and appropriate manner.

Initial Effective Date:
August 2017

Procedure:

Criteria, Intake Assessment, and Referrals

(A) Criteria

- (1) Must be 18 years or older.
- (2) Must be voluntary (patient must be own person and not have a court appointed legal guardian).
- (3) Must be substance dependent, requiring medical supervision throughout the detoxification process.
- (4) Must be mentally stable (will not accept persons who are suicidal/homicidal). No pink slip/involuntary status for the past 24 hours.
- (5) Must be willing to follow all unit rules and participate in treatment.
- (6) Must be willing to participate in outpatient treatment after discharge.
- (7) Must be ambulatory and able to provide own activities of daily living.

*Pregnant females will not be accepted

(B) Intake Assessment

- (1) Completed on all patients by a licensed healthcare worker.
- (2) Completed prior to admission to determine if patient meets criteria.

(C) Referrals. Three types of referrals.

- (1) Self - Patient calls seeking treatment.
 - (a) Staff completes intake assessment.
 - (b) Staff determines if patient meets criteria, gives appropriate recommendation.
 - (c) Staff verifies insurance and whether a pre-certification is required.
 - (d) Staff schedules an admit date and time.
- (2) Agency - Agency calls on behalf of their client.
 - (a) Staff completes a Mini Assessment form.
 - (b) Staff requests faxed information.
 - (c) Staff follows up with agency and patient to arrange complete assessment and /or admission date and time.
- (3) Non-professional - Family or friends call to get someone help.
 - (a) Staff gives information about our program.
 - (b) Staff requests that the patient calls to complete intake assessment.

Approved by:
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Review/Revision Completed by:
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Reviewed by Policy & Standard
Committee
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April 2028