

## NURSING SERVICES GUIDELINE 6CD INPATIENT DETOX UNIT

**Guideline: Dismissal from detox treatment**



**Policy Number Superseded:**

**Responsibility:** Department Directors/Lead Nurses/Detox Floor Nurses/Designees

**Effective Date:**  
April 23, 2025

**Purpose of Guideline:** To maintain a safe and therapeutic environment, where patients can feel safe and respected while they are in the vulnerable state of their recovery.

**Initial Effective Date:**  
August 2017

### **Procedure:**

(A) The Program Director/Charge Nurse/Designee may ask a patient to leave the program/ hospital for the following reasons:

- (1) Patient found with contraband after admission.
- (2) Patient leaves the detox unit without permission.
- (3) Patient refusal to follow unit rules.
- (4) Patient refusal to participate in their own treatment.
- (5) Patient is loud or disruptive to the milieu.
- (6) Patient presents as a danger to self or others.

Staff will assist patient in obtaining all their belongings and arranging transportation prior to leaving, unless an unsafe situation is presented.

If patient refuses to leave the program/hospital at that time, staff will call security to have patient escorted out of the hospital.

Approved by:

*Kurt Kless, MSN, MBA, RN, NE-BC  
Chief Nursing Officer*

Initial effective date:

August 2017

Review/Revision Date:

August 2019

<i>Review/Revision Completed by:</i>	December 2019
<i>Kassa Casey, MSN, RN, CDP, Nursing</i>	February 2021
<i>Director Inpatient Psychiatry</i>	June 1, 2023
<i>Stephanie Calmes, Ph.D., LPCC-S,</i>	April 23, 2025
<i>LICDC-CS, Administrative Director</i>	
<i>Next review date:</i>	
	April 23, 2028