

**NURSING SERVICES GUIDELINE
6CD INPATIENT DETOX UNIT**

Guideline: Nursing admission procedures



Policy Number Superseded:

Responsibility: Department Directors/Lead Nurses/Detox Floor Nurses/Designees

Effective Date:
April 23, 2025

Purpose of Guideline: To assure that patients are admitted to the unit in a legal and appropriate manner.

Initial Effective Date:
August 2017

Procedure:

- (A) The patient will sign the admission forms, release of information forms, and patient rights forms prior to, or at the time of, admission.
- (B) Direct admit patients will be registered in main lobby or ED registration. Detox staff will escort patient to the unit.
 - (1) Staff will send home any extra belongings with family or friends.
 - (2) Only the patient is allowed to be brought up to detox unit. No visitors on unit.
- (C) Every patient will have a nursing assessment completed by the registered nurse. Other hospital admission procedures will be completed as described in [policy and procedures 3364-120-13 Nursing Admission Procedures](#).
- (D) When the patient arrives on the detox unit, he/she is escorted to the intake room. The patient should not be left alone or out of view of staff until:
 - (1) Patient is searched for contraband.
 - (2) All belongings are inventoried and secured per [guideline Search for contraband/ patient belongings](#).
 - (3) Patient reviews and signs the patient program participation form.

(E) Assigned staff should complete the nursing assessment.

- (1) Complete physical assessment.
- (2) History.
- (3) Obtain urine sample.
- (4) Document in EMR.

(F) Assigned staff should orient patient to the unit, room, environment, staff, program, and meal ordering (see [guideline Meals and nutrition](#)).

(G) RN will notify the attending physician of significant findings and obtain orders.

Approved by:

*Kurt Kless, MSN, MBA, RN, NE-BC
Chief Nursing Officer*

Initial effective date:

August 2017

Review/Revision Date:

August 2019

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April 23, 2025

Review/Revision Completed by:

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Next review date:

April 23, 2028