

## Nursing Service Guidelines Inpatient Behavioral Health

Title: Visitation

Responsibility: Department Directors/Lead Nurses/Detox Floor Nurses/Designees

**<u>Purpose of Guidelines:</u>** To provide a safe and therapeutic environment while maintaining privacy and confidentiality.

## **Procedure:**

No visitation is allowed on Detox Unit unless it is part of the discharge planning/continuum of care.

- 1. No family/friend visitation:
  - A) All admissions are considered confidential, and no information disclosed to anyone without a signed release of information.
  - B) Phones are available for patient use to talk with family/friends.
  - C) Unit doors are closed and locked.
  - D) Patients are not allowed to leave the Detox Unit unattended.
  - E) Patients who do not follow visitation rules will be asked to leave the program.
- 2. Visitation by professional personnel for discharge planning/continuum of care:
  - A) All visitors must sign in on arrival and agree to keep confidential the names and situations of other patients on the unit.
  - B) All visitors are educated about items considered unsafe to the unit and will not be permitted to bring these items onto the unit.
  - C) Visitors found to bring any contraband into the detox unit will be asked to leave immediately and will not be allowed to visit again.
  - D) If any problems arise while visitors are on the unit, the Nurse Director/Lead Nurse/Designee will make every effort to resolve the issue to preserve the dignity and safety of all patients and visitors. Hospital Security will be contacted if necessary.

Reviewed by: Kassa Casey, MSN, RN & Stephanie Calmes, Ph.D., LPCC-S, LICDC-CS Approved: 8/2017 Reviewed: 8/2019,2/2021, 6/1/2023 Revised: 4/23/2025 Reviewed by Policy & Standard Committee: