

**Guideline:** Telemetry Cardiac Monitoring Functions

**Guideline Number:** RCMS 1

**Responsible Department:** Remote Cardiac Monitoring Station



**Effective date:** 2/2025

**Scope:** University of Toledo Medical Center

**Procedure:**

1. A physician's order for telemetry monitoring of a patient will initiate the following:
  - a. The unit will notify the RCMS of the order and provide the name, MRN, the admitting diagnosis, and the patient's room number.
  - b. RCMS will assign a telemetry for the designated patient.
  - c. **The unit** will be responsible for picking up the telemetry unit from RCMS.
  - d. When no longer required, **the unit** will be responsible for returning the cleaned telemetry to RCMS. Leads need to be cleaned and placed in the labeled dedicated bins located in each unit.
2. Waveforms will be monitored in RCMS, and rhythm strips will be documented according to guideline #4.
3. The RCMS Monitor Technicians will notify the RN of rhythm changes. The RN is responsible for notifying the physician of the change.
4. To avoid requests for telemetry exceeding the supply, RCMS will evaluate all patients after 72 hours for the following:
  - Non-compliant patients
  - No change in rhythm
  - No increase in baseline ectopy
  - No lethal arrhythmia
  - Arrhythmia free
  - No red alarms

\*The charge RN of the unit will be notified, who will then communicate with the physician as to whether or not the telemetry can be discontinued.

5. RNs shall make RCMS aware if any antiarrhythmic drug is given IV push whenever possible.

Reviewed by:

/s/

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Date

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