

**Guideline:** Remote Cardiac Monitoring Daily Activities

**Guideline Number:** RCMS 3

**Responsible Department:** Remote Cardiac Monitoring Station



**Scope:** University of Toledo Medical Center

**Effective date:** 2/2025

**Procedure:**

1. The Cardiovascular Service Line Administration *shall make every attempt* to have two to three Monitor Technicians or other qualified staff scheduled on a 24-hour continuous basis.
2. A routine cardiac rhythm strip will be obtained every 12 hours. This is to be completed at 0500 and 1700. In addition, a rhythm strip will be obtained with any significant change, either increase or decrease in heart rate or ectopic activity.
3. The cardiac rhythm strip will be printed with the following information: date, time, room number, telemetry number, patient name, heart rate, PR and QRS interval measurements, interpretation of rhythm strip, and corrected QT interval if abnormality is suspected. These strips are to be placed on an arrhythmia flow sheet.
4. Once a patient is discharged, these flow sheets, which are part of the patient's permanent chart, will be sent to Medical Records.

Reviewed by:  
/s/

Initial effective date:  
1/2020

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Name: Todd Korzec RN BSN  
Title: Director, Cardiovascular Services

Review/Revision Date:  
2/2025

2/26/2025

Next review date:  
2/2028

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Date

*Review/Revision Completed by:*  
*Director, Cardiovascular Services*