

NURSING SERVICE GUIDELINES GENERAL

Guideline: Allergies, height and weight

Policy Number Superseded: 3364-110-09-07

Responsibility: Registered nurse (RN)

Purpose of Guidelines: To provide an accurate and uniform way of documenting this information and making it available to departments involved in patient care.



Effective Date:

January 20, 2026

Initial Effective Date:

January 20, 2026

Procedure:

- (A) Upon admission the patient's allergies, height and weight will be noted in the medical record and patient Kardex, if utilized in the department.
- (B) Weight is to be recorded in kilograms. Standing weight is preferred.
- (C) A red wristband must be applied upon identification of any allergies; all allergies must be listed on the red wristband.
- (D) If no known allergies, "NKA" will be noted in the medical record.
- (E) The admitting nurse or any care provider, who subsequently discovers an allergy, is responsible for noting the appropriate allergy in the medical record and informing pharmacy.
- (F) Allergies are communicated to the pharmacy department by entering information in the electronic medical record or the nurse may call pharmacy directly to report this information.

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Approved by:

Kurt Kless, MSN, MBA, RN, NE-BC

Chief Nursing Officer

Initial effective date:

January 20, 2026

Review/Revision Date:

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Review/Revision Completed by:

Rachel Cooke, MSN, RN, CVRN-BC

*Nursing Director - Heart and Vascular
Care Unit (HVCU)*

Next review date:

January 20, 2029