

NURSING SERVICES GUIDELINE GENERAL

Guideline: Discharge Planning for the
Heart Failure Patient



Policy Number Superseded:

Responsibility: Outcome Management

Effective Date:
November 2025

Purpose of Guideline: The Outcome Management team will forward After Visit Summary of Care/Discharge Instructions to the accepting agency to communicate transitions in care.

Initial Effective Date:
May 15, 2015

Procedure:

- (1) Resource Utilization Coordinator (RUC) will do an admission assessment on each heart failure patient.
- (2) The Resource Utilization Coordinator/Social worker/Nursing team will discuss patient plan of care during multidisciplinary meeting.
- (3) Social Worker will discuss discharge planning with each patient and/or patient representative and will determine if the patient will have a need upon discharge.
- (4) The patient and/or patient representative will be given a list to provide the patient with a choice of the agency that they will choose for follow up care **if indicated**.
 - (a) The Social Worker will communicate the acceptance of referral and arrangements to the patient and/or patient representative, the physician, the bedside RN, and all other multidisciplinary staff involved in patient care.
 - (b) The Social Worker will provide all appropriate paperwork, including the After Visit Summary of Care/Discharge Instructions to the agency that the patient has chosen for post-acute care services.
 - (c) The Social Worker will document the post-acute provider information on the discharge instructions.
- (5) The Social Worker will communicate the discharge plan regarding the patient in

the morning multidisciplinary meeting and document this information in the patient chart.

- (6) Follow up/discharge appointments will be made by clinic staff. The appointment will be placed on the discharge instructions.
- (7) All follow up appointments will be made within seven days of discharge.
- (8) The Outcome Management phone number is listed on the discharge paperwork for the patient and/or patient representative for any questions or concerns regarding post-acute care arrangements.

Approved by:

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Initial effective date:

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Review/Revision Completed by:

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November 2028