

NURSING SERVICE GUIDELINES GENERAL

Guideline: **Peripherally Inserted Central Catheters**



Policy Number Superseded: 3364-110-05-11

Responsibility: Chief Nursing Officer

Effective Date:
October 28, 2025

Purpose of Guidelines: To establish a uniform procedure for insertion, maintenance, care, de-clotting, and removal of PICC lines.

Initial Effective Date:
October 28, 2025

Procedure:

Peripherally Inserted Central Catheters (PICC) offer an alternate method of vascular access for short- or long-term therapy to certain patient populations. Because of the complexity of the insertion procedure, only Registered Nurses (RNs) trained in PICC insertion technique are permitted to perform this procedure.

- (A) The physician responsible should write an order for placement of PICC line per protocol. The physician or PICC RN may order a chest x-ray to confirm placement in the superior vena cava if needed. The order should also include 1% Lidocaine for local anesthesia. All PICC lines for renal patients must be approved by a nephrology attending. If blood cultures are drawn on a patient, there must be a 48-hour preliminary negative results prior to inserting the PICC line, unless Infectious Disease is consulted and approves line placement prior to preliminary results of blood cultures.
- (B) Insertion or removal of PICC line may only be performed by a PICC qualified RN or physician.
 - (1) The inserter will have completed an 8-hour course and demonstrate competence.
 - (2) The inserter will be part of the PICC Line Team and demonstrate leadership skills.

- (3) Removal of PICC line can be performed after demonstrating competency by a PICC qualified RN, physician or staff nurse who has completed the removal competency.
- (C) PICC maintenance and care may be provided by any RN trained in the PICC line maintenance procedure.
- (D) Patients may be selected for placement of a PICC line based on the following criteria:
 - (1) Intravenous therapy for (at least) 5 days to 12 months duration, or at physician discretion.
 - (2) Intravenous therapy requiring:
 - (a) Continuous infusion of vesicant chemotherapy or irritating drugs.
 - (b) T.P.N.
 - (c) Antibiotics, antivirals, etc.
 - (d) Frequent administration of blood products.
 - (3) Patients must have adequate antecubital or another upper arm vein to be accessed by qualified PICC RN.
 - (4) For patients with severe coagulopathies, such as hemophilia or thrombocytopenia, the qualified nurse and physician should thoroughly evaluate the patient's clinical condition and administer appropriate therapy before PICC line insertion
- (E) Nursing Service practice guidelines must be followed for the insertion, maintenance, care, dec clotting and removal of a PICC line, which include guidelines for appropriate documentation.

Approved by:
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Initial effective date:
October 28, 2025

Review/Revision Date:

Review/Revision Completed by:
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Next review date:
October 28, 2028