

NURSING SERVICES GUIDELINE INPATIENT BEHAVIORAL HEALTH

Guideline: Elements of the AT/RT
Assessment



Policy Number Superseded:

Responsibility:

Effective Date:

June 2023

Purpose of Guideline: To provide guidance and
outline the elements of the AT/RT Assessment

Initial Effective Date:

July 2017

Procedure:

AT/RT Assessments are completed by licensed, credentialed, or certified staff, within 72 hours of admission, or when indicated by a physician's order. The assessment should include, at a minimum, the required elements defined in this guideline.

- (A) Therapeutic activities/interest (past and present).
- (B) Leisure activities/interest (past and present).
- (C) Strengths and potentials of the patient are identified.
- (D) Accommodations for functional or physical limitations or disabilities.
- (E) Each assessment ends with a plan for focus of treatment.
- (F) Time, date, and signature with credentials upon completion.

Guideline:
Elements of the AT/RT Assessment

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Approved by:
Kurt Kless, MSN, MBA, RN, NE-BC
Chief Nursing Officer

Initial effective date:
July 2017

Review/Revision Completed by:
Tamara Cerrone, BSN, RN, Director
Inpatient Behavioral Health

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Next review date:
June 2026