

## NURSING SERVICE GUIDELINES INPATIENT BEHAVIORAL HEALTH

**Guideline:** Elements of the AT/RT  
assessment



**Policy Number Superseded:**

**Responsibility:**

**Effective Date:**

June 2023

**Purpose of Guideline:** To provide guidance and  
outline the elements of the AT/RT assessment

**Initial Effective Date:**

July 2017

**Procedure:**

AT/RT assessments are completed by licensed, credentialed, or certified staff, within 72 hours of admission, or when indicated by a physician's order. The assessment should include, at a minimum, the required elements defined in this guideline.

- (A) Therapeutic activities/interest (past and present).
- (B) Leisure activities/interest (past and present).
- (C) Strengths and potentials of the patient are identified.
- (D) Accommodations for functional or physical limitations or disabilities.
- (E) Each assessment ends with a plan for focus of treatment.
- (F) Time, date, and signature with credentials upon completion.

Guideline:  
Elements of the AT/RT assessment

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Initial effective date:  
July 2017

Review/Revision Date:  
July 2020  
June 2023

Next review date:  
June 2026