

NURSING SERVICE GUIDELINES INPATIENT BEHAVIORAL HEALTH

Guideline: Elements of the medical history and physical



Policy Number Superseded:

Responsibility: All trained inpatient behavioral health staff

Effective Date:
May 2024

Purpose of Guideline: To provide guidance and outline the elements of the medical history and physical.

Initial Effective Date:
July 2017

Procedure:

History and physical (H&P) examinations will be completed and placed in patient's chart within 24 hours of admission. The H&P includes at least the required elements defined in this guideline.

- (A) Medical/surgical history.
- (B) Allergies.
- (C) Social history to include social, educational, vocational, interpersonal, and family relationships.
- (D) Review of systems to include: head, ears/eyes/nose/throat, muscular/skeletal, skin, cardiovascular, reproductive/genitourinary, neurological, gastrointestinal, and respiratory.
- (E) Physical examination.
- (F) Medical, alcohol use, and drug use history.
- (G) Neurological screening that includes:
 - (1) Neurological problems presented.

Guideline:
Elements of the medical history and physical

2

- (2) Recorded by major category (cranial nerves, sensory/motor coordination, deep tendon reflexes).
- (H) Laboratory tests on chart per orders.
- (I) Follow-up plan for abnormal physical exam or lab findings documented.
- (J) Problem summary and recommendations.

Approved by:
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Chief Nursing Officer

Initial effective date:
July 2017

Review/Revision Completed by:

Review/Revision Date:
May 2024

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Next review date:
May 2027