

## NURSING SERVICE GUIDELINES INPATIENT BEHAVIORAL HEALTH

**Guideline:** Elements of the psycho-social assessment



**Policy Number Superseded:**

**Responsibility:** All trained inpatient behavioral health staff

**Effective Date:**  
May 2024

**Purpose of Guideline:** To provide guidance and outline the elements of the psycho-social assessment.

**Initial Effective Date:**  
July 2017

**Procedure:**

Psycho-social assessments will be completed within 24 hours of admission whenever possible (and no later than 72 hours after admission), and will include at a minimum the required elements defined in this guideline.

- (A) Presenting problem, including suicide risk factors.
- (B) Childhood to present history (including sensory, developmental or physical impairments, accommodations and limitations).
- (C) Current living situation/environment safety.
- (D) Legal history.
- (E) Work history.
- (F) Educational history.
- (G) Military history.
- (H) Significant medical/psychiatric history.
- (I) Sexual history and orientation.

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- (J) History of hospitalization.
- (K) Suicidal/homicidal risk.
- (L) History of abuse/neglect (sexual, physical, emotional), other trauma history. Identify abused or perpetrator.
- (M) History of substance use/abuse.
- (N) Financial status.
- (O) Spiritual issues, including religion, spiritual orientation, beliefs and values that may impact treatment.
- (P) Cultural factors related to current problem that could impact treatment.
- (Q) Family/support systems are identified by interviews with family members or others as appropriate.
- (R) Patient strengths and liabilities.
- (S) Patient family/guardian/caregiver educational needs and barriers.
- (T) Discharge planning needs/alternatives identified.
- (U) Diagnostic summary ends in problem statement with focus of treatment.
- (V) Date, time, and signature with credentials upon completion.

Approved by:  
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*Chief Nursing Officer*

Initial effective date:  
July 2017

*Review/Revision Completed by:*  
*Inpatient Behavioral Health*  
*Administration*

Review/Revision Date:  
June 2020  
May 2024

Next review date:  
May 2027