

NURSING SERVICE GUIDELINES INPATIENT BEHAVIORAL HEALTH

Guideline: Specialized monitoring for
selected medications



Policy Number Superseded:

Responsibility: Senior behavioral health staff

Effective Date:
March 2025

Purpose of Guideline: To provide guidelines for
monitoring blood levels and therapeutic ranges
for specific psychoactive medications.

Initial Effective Date:
April 2019

Procedure:

- (A) Monitoring protocols for specific medications will be obtained or developed in conjunction with the hospital's medical staff, pharmacy, and laboratory. For example:
- (1) Lithium.
 - (2) Tegretol.
 - (3) Clozaril.
 - (4) Depakote.
 - (5) Cognex.
- (B) Documentation will record adherence to the protocol.
- (C) Reference: CMS: 482.61 (c) (2); TJC PC.02.03.01; NPSG.08.08.01

Approved by:
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Initial effective date:
April 2019

Review/Revision Completed by:
Inpatient Psychiatry Administration

Review/Revision Date:
June 2022
March 2025

Next review date:
March 2028