UT
The University of Toledo Medical Center

Nursing Service Guidelines- Inpatient Detox Unit

Title: Admission Criteria

Responsibility: The Program Director/Charge Nurse/Designee

Purpose of Guidelines: The process for admission to the Detox Unit is based on each patient's intake assessment, to assure that patients are admitted to the detox unit in a legal and appropriate manner.

Procedure: Criteria, Intake Assessment, and Referrals

Criteria: A) Must be 18 years old or older.

B) Must be Voluntary (Patient must be own person and not have a court appointed legal guardian)

C) Must be Substance dependent, requiring medical supervision throughout the detoxification process

D) Must be mentally stable (will not accept persons who are suicidal/homicidal)

-No pink slip/involuntary status for the past 24 hours.

E) Must be willing to follow all unit rules, and participate in treatment

F) Must be willing to participate in outpatient treatment after discharge

G) Pregnant females should be referred out

*All Admissions are at the discretion of the Medical Director

Intake Assessment: A) Completed on all patients by a licensed healthcare worker

B) Completed prior to admission to determine if patient meets criteria

Referrals: 3 types of Referrals

1. Self- Patient calls seeking treatment
   A) Staff completes intake assessment
   B) Staff determines if patient meets criteria, gives appropriate recommendation
   C) Staff verifies insurance and whether a pre-cert is required
   D) Staff schedules an admit date and time
2. Agency- Agency calls on behalf of their client
   A) Staff completes a Mini Assessment form
   B) Staff requests faxed information
   C) Staff follows up with Agency and patient to arrange complete assessment and /or admission date and time.
3. Non-professional- Family or friends call to get someone help.
   A) Staff gives information about our program
   B) Staff requests that the patient calls to complete intake assessment

Reviewed by: Todd Stec, BSN RN Assist. Nursing Director

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Reviewed by : Policy & Standard Committee: