



## Nursing Service Guidelines Inpatient Behavioral Health

**Title:** **ELEMENTS OF THE AT/RT ASSESSMENT**

**Purpose:** To provide guidance and outline the elements of the AT/RT Assessment

**Procedure:** AT/RT Assessments are completed by licensed, credentialed, or certified (staff within 72 hours of admission or when indicated by a physician's order. The assessment should include at a minimum the required elements defined in this guideline.

- A. Therapeutic activities/interest (past and present)
- B. Leisure activities/interest (past and present)
- C. Strengths and potentials of the patient are identified
- D. Accommodations for functional or physical limitations or disabilities
- E. Each assessment ends with a plan for focus of treatment
- F. Time, date, and signature with credentials upon completion

**Reviewed by:** Tamara Cerrone, BSN, RNNursing Director Inpatient Behavioral Health

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**Revised:**

**Reviewed by Policy & Standard Committee:** 7/2017, 7/2020, 6/2023