

## Nursing Service Guidelines Inpatient Behavioral Health Unit

<u>Title</u>: ELEMENTS OF THE MEDICAL HISTORY AND PHYSIAL

<u>Purpose of Guidelines</u>: To provide guidance and outline the elements of the Medical History and Physical

## **Procedure:**

History and Physical Examinations will be completed and placed on patients' chart within 24 hours of admission. The H & P includes at least the required elements defined in this guideline.

- A. Medical/surgical history
- B. Allergies
- C. Social history to include: social, educational, vocational, interpersonal, and family relationships
- D. Review of systems to include: head, ears/eyes/nose/throat, muscular/skeletal, skin, cardiovascular, reproductive/GU, neurological, gastrointestinal, and respiratory
- E. Physical examination
- F. Medical, ETOH, and drug history
- G. Neurological screening that includes:
- 1. Neurological problems presented
- 2. Recorded by major category (cranial nerves, sensory/motor coordination, deep tendon reflexes)
- H. Laboratory tests on chart per orders
- I. Follow-up to abnormal physical exam or lab findings documented
- J. Problem summary and recommendations

Approved: Reviewed: Revised: 7/2017 6/2020, 6/2023

Reviewed by Policy & Standard Committee: 6/2023