



Nursing Service Guidelines Inpatient Behavioral Health

Title: **GROUP TREATMENT**

Responsibility: Trained Behavioral Health staff

Purpose of Guidelines: Documentation is systematically provided which describes and supports active treatment in a behavioral form the patient's response to treatment, focus of the treatment and patient progress in relation to the problem as stated in the individualized treatment plan.

Procedure:

Documentation will reflect adherence to specific standards and active treatment principles.

1. A documented group note is made for every group attended by each individual patient on a daily basis. If a patient does not attend scheduled therapy groups, there is documentation as to why not.
2. For patients who due to their severity of symptoms are not capable of attending a group setting, a focused, therapeutic 1:1 encounter is conducted per individualized treatment plan.
3. The group note or 1:1 note begins with the identified problem as stated on the treatment plan of the individual patient.
4. The group note includes the start and stop time of the group.
5. The treatment intervention is described in the group note or 1:1 note.
6. Patient's response to the intervention and progress toward treatment goals based on content/focus of the group.
7. The group note or 1:1 note is signed with the clinician's name and credential after every entry.

Reviewed by: Tamara Cerrone, BSN, RN, Inpatient Behavioral Health
Approved: 7/2017
Reviewed: 6/2020, 6/2023
Revised:
Reviewed by Policy & Standard Committee: 7/2017, 6/2020, 6/2023