



Nursing Service Guidelines Inpatient Behavioral Health

Title: **SPECIALIZED MONITORING FOR SELECTED MEDICATIONS**

Responsibility: Senior Behavioral Health Staff

Purpose of Guidelines: To provide guidelines for monitoring blood levels and therapeutic ranges for specific psychoactive medications.

Procedure:

1. Monitoring protocols for specific medications will be obtained or developed in conjunction with the hospital's medical staff, pharmacy, and laboratory. For example:
 - a. Lithium
 - b. Tegretol
 - c. Clozaril
 - d. Depakote
 - e. Cognex
2. Documentation will record adherence to the protocol.

Reference: CMS: 482.61 (c) (2); TJC PC.02.03.01; NPSG.08.08.01

Reviewed by: Lindsay Watson, LSW, MSW

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Reviewed:

Revised:

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