



## **Nursing Service Guidelines Inpatient Behavioral Health**

**Title:** SPECIALIZED MONITORING FOR SELECTED MEDICATIONS

**Responsibility:** Senior Behavioral Health Staff

**Purpose of Guidelines:** To provide guidelines for monitoring blood levels and therapeutic ranges for specific psychoactive medications.

**Procedure:**

1. Monitoring protocols for specific medications will be obtained or developed in conjunction with the hospital's medical staff, pharmacy, and laboratory. For example:
  - a. Lithium
  - b. Tegretol
  - c. Clozaril
  - d. Depakote
  - e. Cognex
2. Documentation will record adherence to the protocol.

Reference: CMS: 482.61 (c) (2); TJC PC.02.03.01; NPSG.08.08.01

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