(A) Policy Statement

The incidence of diabetes is high and continues to increase. Control of blood glucose in the surgical patient is paramount to successfully decrease the potential for complications related to poor glucose control.

(B) Purpose of Policy

To standardize the care of the surgical patient throughout the perioperative process, and to maintain perioperative blood glucose control in the diabetic patients.

(C) Target

Pre-Admission Testing (PAT) nurses, hospital nursing staff, surgeons, and clinic staff providing their own pre-op instructions.

(D) Procedure

1. For surgeries including abdominal, thoracic and intracranial:
   - Metformin, and combination drugs including Metformin, should be discontinued after the last usual dose the morning of the day before the scheduled surgery. Metformin should not be taken the morning of surgery.

2. All other surgeries:
   - Metformin can be taken the night before surgery, but should not be taken the morning of surgery.
Example of Metformin containing drugs

Glumetza ®
Fortamet ®
Glucophage ®
Glucophage XR ®
Glucovance ®
Metaglip ®
Avandia ®
Riomet ®
Actoplus Met ®
Avandamet ®
Janumet ®
Glumetza ®
Prandimet ®

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It is the responsibility of the reader to verify with the responsible agent that this is the most current version of the policy.