


Name of Policy: <u>Use of Major Aversive Behavior Therapy</u> Policy Number: 3364-122-32 Department: Nursing Service – Kobacker Inpatient Psychiatric Hospital Approving Officer: Chief Nursing Officer Medical Director Responsible Agent: Nursing Director Inpatient Psychiatry Scope: The University of Toledo Medical Center	 Effective Date: 6/1/2022 Initial Effective Date: 7/1992
<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy </div> <div> <input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy </div> </div>	

(A) Policy Statement

Major aversive therapy intervention is prohibited on the inpatient unit.

(B) Purpose of Policy

Major aversive behavior therapy is no longer allowed according to state regulations.

(C) Procedure

Major aversive therapy intervention “employs intrusive or strongly unpleasant stimuli or procedures”. This may include time-out periods of greater than 30 minutes or the non-emergency use of seclusion or restraints. This does not include time-outs of less than 30 minutes in length (please refer to Time Out policy 3364-122-37).

The following are prohibited:

- Contingent loss of bed
- Contingent use of unpleasant substances or stimuli such as bitter taste, bad smell, splashing with cold water and loud, annoying noises
- Procedures that deny any basic needs, such as nutritional diet, water, shelter, and essential, safe, and appropriate clothing.

Corporal punishment and any fear eliciting procedures are also not permitted. Any behavior management plan and treatment intervention can only be implemented by the Kobacker Treatment Team.

Approved by: <div> <div>/s/</div> <div> <div>Tamara Cerrone, BSN, RN</div> <div>Nursing Director Child/Adolescent Inpatient Unit</div> </div> <div>Date</div> </div> <div> <div>/s/</div> <div> <div>Tanvir Singh, MD</div> <div>Medical Director, Kobacker Inpatient Unit</div> <div>Professor Psychiatry</div> </div> <div>Date</div> </div> <div> <div>/s/</div> <div> <div>Kurt Kless, MSN, MBA, RN, NE-BC</div> <div>Chief Nursing Officer</div> </div> <div>Date</div> </div> <p> <i>Review: Policy & Standard Committee, 2/11.</i> <i>Revision Completed By: Tammy Cerrone, RN, BSN, Nursing Director A Mullins, LISW-S</i> </p>		Review/Revision Date: 5/94 5/95 4/96 5/97 5/98 5/99 8/2001 1/02 3/04 6/04 3/07 5/17/10 3/2/11 7/29/14 5/26/16 7/12/2019 6/1/2022 Next Review Date: 6/2025
Policies Superseded by This Policy: 1-M-32		