


Name of Policy: <u>Immediate and Formal Debriefing Procedure for Patients and Staff</u> Policy Number: 3364-122-34 Department: Nursing Service – Kobacker Inpatient Psychiatric Hospital Approving Officer: Chief Nursing Officer/ Medical Director Responsible Agent: Nursing Director Inpatient Psychiatry Scope: The University of Toledo Medical Center	 Effective Date: 6/1/2022 Initial Effective Date: 7/2005
<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy </div> <div> <input checked="" type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy </div> </div>	

(A) Policy Statement

Define the scope and use of debriefing on the Kobacker Child and Adolescent Inpatient Unit.

(B) Purpose of Policy

The purpose of debriefing is to assist in the prevention of the future use of seclusion and restraint by determining if all least restrictive alternatives were considered, and by identifying what led to the incident and what could have been done differently. Debriefing also can identify organizational/process barriers that can be revised in order to achieve a reduction and elimination of restraint and seclusion. Debriefing after a seclusion and/or restraint event can also help to minimize or reverse the negative effects these restrictive measures can cause.

(C) Procedure

. Upon conclusion of each incident of seclusion and/or restraint, debriefing will occur. Debriefing will include staff, patients and parents.

1. Immediate post-event debriefing shall be completed by the next working day. (No more than 24 hours)
 - a. Document the event and debriefing on Seclusion/Restraint Report form. Revise treatment plan as needed.
 - b. If requested, as indicated on the nursing admission assessment form, notify the patient's family of the seclusion/restraint event and debrief the incident with the family. If the family requests additional participation in the debriefing process, arrangements will be made. Once the initial crisis has stabilized, provide a copy of the Patient Restraint/Seclusion Debriefing Form for the patient to complete, discuss and process with a staff member who has completed training and under the supervision of the charge nurse.
 - c. Notify the Nurse Manager/designee of the incident.
 - d. Patient debriefing should involve team members who were involved in the incident.
 - e. Assist patient with reviewing and revising coping strategies as needed.
2. Formal debriefing process shall be initiated within 24 hours of the event.
 - a. The Kobacker staff will discuss the event which will be documented on the Staff Debriefing form.
 - b. If further discussion/intervention is required, the Nurse Manager/designee will intercede and assist.
 - c. The forms will be kept in a notebook for future performance improvement activities and staff educational in-services.

Approved by:		Review/Revision Date: 3/2007 5/17/2010 2/25/2011 7/29/2014 5/26/16 7/12/2019 6/1/2022
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/s/ _____ Tanvir Singh, MD Medical Director, Kobacker Inpatient Unit Professor Psychiatry	_____ Date	
/s/ _____ Kurt Kless, MSN, MBA, RN, NE-BC Chief Nursing Officer	_____ Date	
Review/Revision Completed By: Administrator Ambulatory Services & Behavioral Health Tammy Cerrone, Staff Nurse, A Mullins, LISW-S		Next Review Date: 6/2025
Policies Superseded by This Policy: 1-M-42		