

Name of Policy: <u>Electroconvulsive Therapy (ECT)</u> Policy Number: 3364-120-54-001 Department: Nursing Service Approving Officer: Chief Nursing Officer (CNO) / Service Chief Responsible Agent: Chief Nursing Officer (CNO) / Service Chief Scope: The University of Toledo Medical Center	 <p>Effective Date: 4/1/2023 Initial Effective Date: 6/1/2016</p>		
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"> <input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy </td> <td style="width: 50%; border: none;"> <input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy </td> </tr> </table>		<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy	<input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy
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(A) Policy Statement

To provide safe ECT treatment according to university guidelines.

(B) Purpose of Policy

To provide a consistent framework for the care and monitoring of patients receiving electroconvulsive therapy, preventing complications, and maximizing patient safety.

(C) Procedure

1. ECT will be performed by a licensed independent practitioner who is credentialed to administer this treatment.
2. When the procedure is performed in the hospital operative, perioperative or post anesthesia recovery unit (PACU), all departmental policies pertaining to assessment, monitoring and discharge of the patient will apply.
3. The patient will be evaluated prior to administration of ECT. The medical record will include:
 - a) The psychiatric history and examination containing indications for ECT. The history should include assessment of the efforts of any risk factors. This includes medical history, physical examination, (including neurological examination), vital signs, hematocrit and/or hemoglobin, electrolytes, ECG, and X-rays as appropriate.
4. Anesthesiologist evaluation: prior to the first treatment, will document the nature and extent of the anesthetic technique in the medical record. Subsequently, the anesthesiologist will document the presence of any changes to the initial anesthetic evaluation.
5. Informed Consent is obtained by the licensed independent practitioner and includes:
 - a) An explanation of the nature and purpose of the procedure
 - b) The approximate number of treatments considered necessary
 - c) The substantial and frequent risks and complications associated with the procedure
 - d) The alternative treatment available to the patient
 - e) The consequence of not having the procedure
 - f) The patient has a general understanding of all that was explained
 - g) The patient's signature on the consent form

