

<b>Name of Policy:</b> <b>Immediate and Formal Debriefing Procedure for Patients and Staff</b>			
<b>Policy Number:</b> 3364-122-34		<b>Effective date:</b> May 29, 2025	
<b>Approving Officer:</b> Chief Nursing Officer Medical Director		<b>Original effective date:</b> July 2005	
<b>Responsible Agent:</b> Nursing Director Inpatient Psychiatry			
<b>Scope:</b> The University of Toledo Medical Center			
Key words: Kobacker, children, adolescents, debriefing, restraint, seclusion			
	New policy proposal	X	Minor/technical revision of existing policy
	Major revision of existing policy		Reaffirmation of existing policy

(A) Policy statement

Define the scope and use of debriefing on the Kobacker child and adolescent inpatient unit.

(B) Purpose of policy

The purpose of debriefing is to assist in the prevention of the future use of seclusion and restraint by determining if all least restrictive alternatives were considered, and by identifying what led to the incident and what could have been done differently. Debriefing also can identify organizational/process barriers that can be revised in order to achieve a reduction and elimination of restraint and seclusion. Debriefing after a seclusion and/or restraint event can also help to minimize or reverse the negative effects these restrictive measures can cause.

(C) Procedure

Upon conclusion of each incident of seclusion and/or restraint, debriefing will occur. Debriefing will include staff, patients, and parent/guardian (unless clinically contraindicated).

- (1) Immediate post-event debriefing shall be completed by the next working day (within no more than 24 hours).

## Immediate and Formal Debriefing Procedure for Patients and Staff

- (a) Document the event and debriefing on seclusion/restraint report form. Revise treatment plan as needed.
  - (b) As indicated on the nursing admission assessment form, notify the patient's parent/guardian of the seclusion/restraint event and debrief the incident with the guardian. If the guardian requests additional participation in the debriefing process, arrangements will be made. Once the initial crisis has stabilized, provide a copy of the patient restraint/seclusion debriefing form for the patient to complete, discuss and process with a staff member.
  - (c) Notify the nurse director/designee of the incident.
  - (d) Patient debriefing should involve team members who were involved in the incident.
  - (e) Assist patient with reviewing and revising coping strategies as needed.
- (2) Formal staff debriefing process shall be initiated within 24 hours of the event.
- (a) The Kobacker staff will discuss the event and all contributing factors, which will be documented.
  - (b) If further discussion/intervention is required, the nurse director/designee will intercede and assist.
  - (c) The nurse director will ensure all restraint/seclusion documentation is completed properly by treatment staff.

<p><b>Approved by:</b></p> <p><u>/s/</u> Kurt Kless, MSN, MBA, RN, NE-BC Chief Nursing Officer</p> <p><u>May 29, 2025</u> Date</p>	<p><b>Policies Superseded by this Policy:</b></p> <ul style="list-style-type: none"> <li>• 1-M-42</li> </ul> <p>Initial effective date: July 2005</p> <p>Review/Revision Date:</p> <p>March 2007 May 17, 2010 February 25, 2011</p>
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<p><u>/s/</u> _____ Tanvir Singh, MD Medical Director, CAPH Unit</p> <p><u>April 25, 2025</u> _____ Date</p> <p><u>/s/</u> _____ Kassa Casey, MSN, RN Nurse Director, Inpatient Psychiatry</p> <p><u>April 25, 2025</u> _____ Date</p> <p><i>Review/Revision Completed by: Stephanie Calmes, PhD, LPCC-S, LICDC-CS</i></p>	<p>July 29, 2014 May 26, 2016 July 12, 2019 June 1, 2022 May 29, 2025</p> <p>Next review date: May 29, 2028</p>
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