

NURSING SERVICE GUIDELINES INPATIENT BEHAVIORAL HEALTH

Guideline: Elements of the AT/RT
assessment



Policy Number Superseded:

Responsibility: Trained Inpatient Behavioral
Health Personnel.

Effective Date:
April 2026

Purpose of Guideline: To provide guidance and
outline the elements of the AT/RT assessment.

Initial Effective Date:
July 2017

Procedure:

AT/RT assessments are completed by licensed, credentialed, or certified staff, within 24 hours of admission, or when indicated by a physician's order. The assessment should include, at a minimum, the required elements defined in this guideline.

- (A) Therapeutic activities/interest (past and present) and coping skills used.
- (B) Leisure activities/interest (past and present).
- (C) Strengths and potentials of the patient are identified, as well as areas they want to improve.
- (D) Accommodations for functional or physical limitations or disabilities.
- (E) Each assessment ends with a plan for focus of treatment, determined in collaboration between the patient and the AT/RT therapist.
- (F) Time, date, and signature with credentials upon completion.

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Next review date:
April 2029