


<p>Name of Policy: Prevention, Identification and Management of Tardive Dyskinesia</p> <p>Policy Number: 3364-160-SD-131</p> <p>Approving Officer: Chief Executive Officer – UPMC</p> <p>Responsible Agent: Chair, Department of Psychiatry Administrative Director, Department of Psychiatry</p> <p>Scope: OP-Clinic-Psychiatry</p>	<div style="text-align: center;">  </div> <p>Effective date: 7/2025</p> <p>Original effective date: 7/2004</p>
<p>Key words: psychiatry, antipsychotic, medication, side effects, tardive dyskinesia</p>	
<input type="checkbox"/> New policy proposal	<input type="checkbox"/> Minor/technical revision of existing policy
<input type="checkbox"/> Major revision of existing policy	<input checked="" type="checkbox"/> Reaffirmation of existing policy

(A) Policy statement

Strategies will be used to minimize the risk of tardive dyskinesia (TD) and to identify and treat if it is discovered.

(B) Purpose of policy

To minimize risk from adverse effects from prolonged use of antipsychotic medications.

(C) Procedure

- (1) Patients will be examined every 3 to 12 months, depending on medication and symptoms, for the appearance of abnormal movements and document findings.
- (2) If patients are noted to have abnormal movements; a differential diagnosis will be considered, including the possibility of TD.
- (3) Findings will be discussed with the patient and/or guardian.
- (4) Patients who have been identified as having symptoms of TD will be:
 - (a) Regularly evaluated with standardized scales,
 - (b) If clinically feasible, consideration will be given to lowering the dose of the medication or changing the medication to an atypical antipsychotic that is less likely to result in TD and/or other appropriate treatments.

<p>Approved by:</p> <p>/s/ _____ Date _____ Dan Barbee Chief Executive Officer – UTM</p> <p>/s/ _____ Date _____ Robert Smith, MD, Ph.D. Chair Department of Psychiatry</p> <p>/s/ _____ Date _____ Stephanie Calmes, Ph.D., LPCC-S, LICDC-CS Administrative Director Department of Psychiatry</p> <p><i>Review/Revision Completed By: Agency Administration</i></p>	<p>Policies Superseded by This Policy:</p> <ul style="list-style-type: none">• ODMH-SD-131 <p>Initial effective date: 7/2004</p> <p>Review/Revision Date: 08/2005 08/2007 10/2/2010 03/04/2014 01/10/2017 11/20/2019 9/2/2022 7/2025</p> <p>Next review date: 7/2028</p>
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