

<p><b>Name of Policy:</b> <u>Admission Criteria for Outpatient Mental Health Services</u></p> <p><b>Policy Number:</b> 3364-160-SD-136</p> <p><b>Department:</b> Psychiatry</p> <p><b>Approving Officer:</b> Chief Executive Officer - UTMC</p> <p><b>Responsible Agent:</b> Chair/Medical Director Department of Psychiatry  Administrative Director Department of Psychiatry</p> <p><b>Scope:</b> OP-Clinic-Psychiatry</p>	 <p><b>Effective Date:</b> 11/01/2022 Initial Effective Date: 02/2006</p>
<p><input type="checkbox"/> New policy proposal                      <input checked="" type="checkbox"/> Minor/technical revision of existing policy</p> <p><input type="checkbox"/> Major revision of existing policy                      <input type="checkbox"/> Reaffirmation of existing policy</p>	

**(A) Policy Statement**

Individuals seeking services in the Psychiatric Outpatient Clinic will meet specific criteria before admission.

**(B) Purpose of Policy**

To ensure individuals receive the specific services needed.

**(C) Procedure**

1. When a patient or referring provider contacts the Psychiatric Outpatient Clinic requesting services, the clinic staff or designee obtains reason for referral.
2. In coordination with scheduling guidelines and the Outpatient Medical Director as necessary, the clinic staff or designee schedules the patient for a diagnostic assessment appointment.
3. Based on the diagnostic assessment, the provider will make recommendations for services as identified through the assessment. Individuals who meet a DSM diagnosis and whose mental health needs can be met by the organization are eligible to receive services.
4. Patients are offered resource information regarding providers and services outside of the agency as appropriate.
5. Patients specifically seeking disability evaluations that are not part of contracted services with a provider in the Psychiatry Outpatient Clinic are informed that such evaluations are not conducted without an assessed need and are only completed after ongoing treatment has been established.

