


<p>Name of Policy: <u>Admission Criteria for Community Psychiatric Supportive Treatment (CPST) Services</u></p> <p>Policy Number: 3364-160-SD-142</p> <p>Department: Psychiatry</p> <p>Approving Officer: Chief Executive Officer - UTMC</p> <p>Responsible Agent: Chair/Medical Director Department of Psychiatry Administrative Director Department of Psychiatry</p> <p>Scope: OP-Psychiatry</p>	 <p>Effective Date: 10/01/2022 Initial Effective Date: 03/2010</p>
<p> <input type="checkbox"/> New policy proposal <input checked="" type="checkbox"/> Minor/technical revision of existing policy </p> <p> <input type="checkbox"/> Major revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy </p>	

(A) Policy Statement

Clients identified for Community Psychiatric Supportive Treatment (CPST) services will meet specific criteria before admission.

(B) Purpose of Policy

To maximize the reduction of symptoms of an individual’s psychiatric condition in order to restore the individual’s functioning to the highest level possible.

(C) Procedure

1. Clients seeking services in the department may be referred to receive CPST services if they have the ability to take responsibility for managing his/her psychiatric condition and achieving and maintaining his/her rehabilitative and/or recovery goals. CPST recipients must:
 - a. Have the cognitive ability to be able to participate in and benefit from service and
 - b. Be an active participant in his/her treatment and care.
 - c. Be involved in active treatment by a licensed mental health professional within UTMC
Department of Psychiatry
2. The service shall continue to be provided to the extent that the client’s psychiatric symptoms continue to negatively impact his/her ability to function without mental health intervention.
3. The following will be exclusionary criteria and does not qualify as CPST service:
 - a. Transportation in and of itself;
 - b. Unallowable vocational job training activities include, but are not limited to, job shadowing, job coaching, teaching computer skills, math skills, or other trade skills;
 - c. Observing clients when not performing a therapeutic intervention (e.g., when client is watching television, resting, eating, etc.).

<p>Approved by:</p> <p><u>/s/</u> <u>10/19/2022</u> <hr/> Rick Swaine Date Chief Executive Officer - UTMC</p> <p><u>/s/</u> <u> </u> <hr/> Cheryl McCullumsmith, MD, PhD Date Chair/Medical Director Department of Psychiatry</p> <p><u>/s/</u> <u>09/02/2022</u> <hr/> Lindsay Watson LSW, MBA Date Administrative Director Department of Psychiatry</p> <p><i>Review/Revision Completed By: Psychiatry Administration</i></p>	<p>Review/Revision Date: 10/2/2010 02/03/2014 11/14/2016 09/19/2019 9/2/2022</p>
<p>Policies Superseded by This Policy: ODMH-SD-142</p>	<p>Next Review Date: 09/2/2025</p>