



## Department of Psychiatry OP Recovery Services

**Title:** Abstinence Based Programming

**Purpose of Guideline:** To provide best practice guidelines that are in line with stage wise treatment interventions.

**Responsibility:** Treatment Providers of Multidisciplinary Team.

**Procedure:**

1. Client engagement, education, and expectations concerning the goal of abstinence will be provided to each individual receiving services
2. Abstinence will be promoted/expected.
3. Care will be individualized to the client.
4. Harm reduction measures will be implemented short term with the overall goal of long-term abstinence.
5. Coordinating stage wise interventions will be implemented by providers to the stage of change identified.

Resources: Substance Abuse Treatment Scale (SATS) Mueser et al. (1995)  
Hazelden Care Network

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