



## Department of Psychiatry OP Recovery Services

**Title:** Potential Treatment Interventions

**Purpose of Guidelines:** To provide best practice guidelines that are in line with stage wise treatment interventions.

**Responsibility:** Treatment Providers of Multidisciplinary Team.

**Procedure:**

1. In the event of a Relapse either client reported or detected via UA result;
  - Assess for number recovery-oriented meetings, explore increasing requirements for a 2-week period
  - Explore changing meeting requirements to gender specific
  - If in OP LOC, assess for potential change of LOC to IOP
  - Explore transitional housing options
  - Combining elements of these interventions on a treatment contract
  - Require/schedule individual sessions in conjunction with group
  - Explore requiring written or other assignments
2. In the event of a 2nd relapse within a one-month period
  - Exhaust all options to obtain transitional housing if possible, in order to remain enrolled
  - If in OP, move to IOP LOC
  - Require daily, or multiple drops weekly
  - Engage with BH Care Management
3. In the event of a 3rd relapse within a two-month period
  - Engage with BH Care Management
  - Refer to inpatient treatment, process for closure
4. If a client misses two consecutive group session
  - Documented individual session with a one-week period identifying barriers to attendance and plan
5. In the event a client is not showing recovery meeting attendance for more than 2 weeks
  - They SHOULD NOT be moved into OP group until they have established a routine OR they have been staffed in team to address reasons why they are being excused
  - Have a documented individual session in which barriers to attendance is explored

Resources: SAMHSA Treatment Improvement Protocol Series No. 47 Chapter 7

Approved by: Recovery Services Leadership T. Singh, MD 11/2019

Revised/Reviewed: 12/2022