(A) Policy Statement

If a pregnant radiation worker wishes to participate in a fetal radiation monitoring program, she must declare her confirmed pregnancy by written notification to her supervisor. A copy of this declaration will be forwarded to the Radiation Safety Officer, who will provide information on biological effects and radiation protection, and will establish a radiation monitoring program specific to her pregnancy.

(B) Purpose of Policy

To ensure that radiation levels to the fetus are maintained below regulatory limits and as low as reasonably achievable.

(C) Procedure

1. After confirmation of pregnancy, the radiation worker verbally notifies her supervisor.
2. A written declaration of pregnancy form provided by the supervisor is completed by the radiation worker (see attachment).
3. The radiation worker meets with the Radiation Safety Officer to receive training and establish a program of radiation monitoring.
4. If requested, both the Supervisor and Radiation Safety Officer will treat the declaration of pregnancy as confidential.
5. The radiation worker's radiation exposure will be monitored and reviewed monthly and any radiation level that requires action will be discussed with the radiation worker and her supervisor. A plan of action will be documented at that time.
Control of Radiation Exposure During Pregnancy

Name (Print)  
Last    First    Middle Initial

Department

Other Employment as Radiation Worker. If none, initial here  

Institution

Address

Contact Person

Telephone #

In signing this form, it is acknowledged that:

1) I voluntarily declare my pregnancy. My estimate of the date of conception is   

2) I have received oral instruction and have read and understood the material presented in U.S. Nuclear Regulatory Commission Guide 8.13, Revision 3 (June 1999).

3) The University of Toledo Radiation Safety Officer or his designate provided a discussion period following the above instruction, during which my questions, if any were answered satisfactorily.

4) I understand that NRCP recommendations and NRC Regulation 10CFR 20 limit the radiation dose to the embryo/fetus to .5 rem during the term of pregnancy. The primary method of monitoring exposure from external radiation sources will be a dosimeter properly worn by me near the waist and under any protective device.

5) I acknowledge that my personal dosimetry records indicate a whole body exposure of _____rem from the time of conception through the date of my declaration of pregnancy.

Signed ___________________________ Date ___________________________