

<b>Name of Policy:</b> <u>MRI claustrophobic patients</u> <b>Policy Number:</b> 3364-135-142 <b>Department:</b> Radiology <b>Approving Officer:</b> Chief Operating Officer - UTMC <b>Responsible Agent:</b> Chairman & Professor, Radiology <b>Scope:</b> Radiology	 <b>Effective Date:</b> 9/1/2023 Initial Effective Date: 9/1/2014
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy	<input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy

**(A) Policy Statement**

It is the policy of the MRI department to provide quality care and imaging to patients that may be claustrophobic

**(B) Purpose of Policy**

To perform procedures in a manner that will help to alleviate the results of claustrophobia and anxiety of having an MRI scan, without the use of medication. These methods are often all that is needed to facilitate imaging for these patients.

**(C) Procedure**

1. Patients are asked about the presence of claustrophobia during the screening process. Those who express anxiety or claustrophobia are given verbal education on the methods that can be used to help. Methods include, but are not limited to:
  - a. Covering the eyes
  - b. Having the fan blowing to circulate air within the bore of the magnet
  - c. Allowing a screened family member or staff to sit and hold their hand during the exam
  - d. Bringing the table out between each sequence/exam whenever possible
  
2. If all methods fail and the exam cannot be completed, notation is made in the RIS and in the inpatient chart or the out patient's ordering physician's office is notified.

<b>Approved by:</b>  <u>/s/</u> _____ <u>07/26/2023</u> Haitham Elsamaloty, MD Chairman & Professor, Radiology Date  <u>/s/</u> _____ <u>07/20/2023</u> Ryan Landis, BSRT (R)(CT) Director, Radiology Date  <i>Review/Revision Completed By:</i> Haitham Elsamaloty, MD	<b>Review/Revision Date:</b> 9/1/2014 9/1/2017 9/1/2020 9/1/2023  <b>Next Review Date:</b> 9/1/2026
<b>Policies Superseded by This Policy:</b>	