Referral to Therapy Services for Name of Policy: **Outpatients** THE UNIVERSITY OF TOLEDO **MEDICAL CENTER Policy Number:** 3364-137-IMO-01 Rehabilitation Services **Department:** Chief Operating Officer - UTMC **Approving Officer: Effective Date:** 12/1/2022 Director, Therapy Services Responsible Agent: Rehabilitation Services Initial Effective Date: 1/1981 Scope: New policy proposal Minor/technical revision of existing policy

Reaffirmation of existing policy

(A) Policy Statement

All outpatients may be seen for treatment with or without a referral in accordance with the section of the Ohio Revised Code governing the practice of Occupational, Physical, and Speech Therapy evaluation and treatment. Although patients may be seen without a referral, as Ohio law permits, they will be encouraged to obtain a referral to maximize insurance benefits and to coordinate care with their healthcare provider.

(B) Purpose of Policy

To comply with individual discipline practice acts described in the Ohio Revised Code and to provide quality, responsible healthcare services.

(C) Procedure

- 1. When a patient is referred for outpatient therapy, the initial referral to therapy should contain the following information on the consultation form, letter of referral or prescription:
 - a. Patient's full name and date of birth

Major revision of existing policy

- b. Medical Diagnosis and/or ICD 10
- c. Medical Precautions
- d. Specific reason(s) for referral/areas to be treated
- e. Duration of treatment
- f. Frequency of treatment
- g. Date of referral
- h. Name of Referring Physician
- i. Signature of the referring physician or his/her designate
- 2. Therapy Service may be advised of a referral, either verbally, by telephone, fax, mail, or hand carried by the patient. The patient is scheduled for treatment. The order is scanned into the electronic medical record. Insurance is verified by department personnel prior to the first appointment.
- 3. Patients seeking outpatient rehabilitation services without a referral will be informed that their insurance may not pay for services if a referral is not in place and will be given the opportunity to seek a referral before they are scheduled for evaluation and treatment.
- 4. Patients who choose to obtain outpatient therapy services without a referral will be required to sign an advanced notice of financial responsibility prior to services being provided. Patients who choose to obtain outpatient therapy services prior to insurance confirmation will also be required to sign an advanced notice of financial responsibility prior to services being provided. The notice will inform them that their insurance plan requires a referral and that their insurance plan will likely not pay for therapy services provided without a referral, the estimated cost of services per session, and that they have been made aware of this and that they assume financial responsibility for payment for services. This form will become part of the patient's medical record.

- 5. Patients who refuse to sign the advanced notice of financial responsibility will be advised that they will not receive services until they agree to assume financial responsibility for the services provided or until they obtain a referral that will allow services to be billed to the appropriate third party payer.
- 6. All ensuing correspondence, progress notes, referrals are maintained in the electronic medical record.
- 7. All documentation will follow departmental policy for timeframes, completion, and dissemination.

Approved by:		Review/Re	Review/Revision Date:	
		9/1982	9/1999	
		11/1983	2/2000	
/s/	8/3/23	10/1987	5/2002	
Alison Matson PT, DPT, NCS	Date	11/1988	10/2003	
Director of Therapy Services		11/1989	5/2005	
13		6/1990	8/2006	
		9/1991	1/10/2010	
/s/	2/11/25	5/1994	7/2012	
Christine Stesney-Ridenour, COO	Date	3/1996	11/1/2016	
	Dute	10/1997	11/2019	
		3/1998	12/2022	
		9/1998		
		Next Review Date: 12/1/2025		
Policies Superseded by This Policy: 23-IMO-01				