


Name of Policy: <u>Living Renal Donor Selection</u> Policy Number: 3364-140-03 Department: Kidney Transplant Administration (Nursing Service) Approving Officer: Chief Nursing Officer Director, Renal Transplant Program Responsible Agent: Transplant Coordinator Scope: The University of Toledo Medical Center	 Effective Date: May 1, 2024 Initial Effective Date: October 23, 2007
<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy </div> <div> <input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy </div> </div>	

(A) Policy Statement

Initial screening of all potential living kidney donors to determine appropriateness for donation.

(B) Purpose of Policy

To identify potential living kidney donors.

(C) Procedure

Interview with potential donor either in person or via telephone. All potential candidates will be considered until ruled out medically:

1. Contraindications to donation include but are not limited to:
 - a. Heart disease
 - b. Diabetes mellitus
 - c. Active cancer or incomplete treatment of malignancy
 - d. History of cancer is subject to further discussion by the donor surgeon and the kidney transplant committee
 - e. Kidney disease
 - f. Hypertension with treatment of two anti-hypertensives, uncontrolled HTN, or HTN with evidence of end stage organ damage
 - g. BMI: Body habitus will be taken into consideration at the discretion of the donor surgeon
 - Absolute contraindication: BMI of 40 and above
 - Relative contraindication: BMI of over 35 and up to 40-potential donor can be evaluated for donation. Approval of donor BMI will be determined on a case by

case basis. The team will take into consideration the ESRD Risk Tool for Kidney donor Candidates, found at <http://www.transplantmodels.com>

- No contraindication: BMI 35 or less
 - h. Chronic kidney infections
 - i. Active kidney stone disease
 - j. Lupus/autoimmune disorders. This will be discussed on a case by case basis
 - k. Hepatitis C
 - l. HIV infection
 - m. Other medical/psychosocial issues deemed inappropriate by donor committee including diagnosable psychiatric conditions requiring treatment before donation, including any evidence of suicidality
 - n. Incapable of making an informed decision, <18 years of age or any of the combination
 - o. High suspicion of donor coercion, high suspicion of illegal financial exchange between donor and recipient
 - p. Evidence of acute symptomatic infection until resolved
2. Potential donor will be screened for above and informed if they are able to continue with the kidney donor transplant process (See Living Renal Donor policy).
 3. All potential living donors will be considered for donation until medically ruled out by donor surgeon.

<p>Approved by:</p> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 45%;"> <p>/s/ _____</p> <p>Kurt Kless, MSN, MBA, RN, NE-BC Chief Nursing Officer/CNO</p> </div> <div style="width: 45%; text-align: center;"> <p>_____</p> <p>Date</p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 45%;"> <p>/s/ _____</p> <p>Michael Rees, MD Director, Renal Transplant Program</p> </div> <div style="width: 45%; text-align: center;"> <p>_____</p> <p>Date</p> </div> </div> <p style="font-size: small; margin-top: 20px;"><i>Review/Revision Completed By: Transplant Administrator, Transplant Coordinator</i></p>	<p>Review/Revision Date:</p> <p>12/7/07 1/12/2010 8/7/12 2/1/13 9/23/14 5/21/15 5/1/18 4/27/2021 4/4/2024</p> <div style="border-top: 1px solid black; padding-top: 5px;"> <p>Next Review Date: 5/1/2027</p> </div>
<p>Policies Superseded by This Policy:</p>	