Name of Policy: Selection of Candidates for Waitlist for Kidney and/or Pancreas Transplantation 3364-140-17 **Policy Number: Department:** Transplant Administration Approving Chief Nursing Officer Officer: Director, Renal Transplant Program Director, Pancreas Transplant Program Director, Renal Transplant Program, Responsible Effective Date: July 1, 2024 Administrative Director, Renal Transplant Agent: Program, Transplant Coordinator Initial Effective Date: June 15, The University of Toledo Medical Center Scope: 1990 X Minor/technical revision of existing policy New policy proposal (for Med Staff) Major revision of existing policy Reaffirmation of existing policy

(A) Policy Statement

To identify and select the patients suitable for kidney and/or pancreas transplantation and to assure fair and non-discriminatory distribution of organs.

(B) Purpose of Policy

To provide opportunity for kidney and/or pancreas transplantation for all suitable patients with End Stage Renal Disease (ESRD) and/or Diabetes Mellitis (DM).

(C) Scope

This policy applies to members of the medical staff performing transplantation procedures at the University of Toledo Medical Center, UTMC Personnel and any other persons involved in the transplantation programs of the University of Toledo.

(D) Procedure

Transplant surgeons/Nephrologists at The University of Toledo Medical Center will be available for consultation regarding suitability of referred patients.

- 1. The patient and/or his family is provided information regarding kidney and/or pancreas transplantation as a treatment modality for ESRD and/or DM.
- 2. If a suitable patient desires to pursue the modality of transplantation, the Transplant Surgeon or the Nephrologist will order the following work up:
 - a. Tissue typing including HLA-ABC/DR, PRA level, ABO blood type.
 - b. If age > 45 years, colonoscopy is needed.
 - c. Upper GI studies when indicated.
 - d. Evaluation of anatomy and functions of lower and upper urinary tracts. When indicated this may include cystoscopy, retrograde, and VCUG. Ultrasound of kidneys when indicated.
 - e. Cardiopulmonary evaluation when indicated.
 - f. Evaluation of iliac, carotid and other blood vessels, e.g. CTA abdomen/pelvis when indicated.
 - g. Dental evaluation This can be completed by the evaluating Physician at the transplant evaluation (Surgeon or Nephrologist) or a Dentist if determined necessary by the evaluating Physician(s) due to status of patient's dentition. There will be some patients that require a dental evaluation by a dentist due to the requirements of their insurance company.

- h. Pelvic exam and pap smear in females over 21, or who are sexually active.
- i. Mammogram in females over 40.
- j. Patient suspected to have ongoing or potential emotional problems may be required to have psychiatric evaluation.
- k. TB Ouantiferon or PPD skin test.
- 1. PSA for males over 50.
- m. Psychosocial evaluation to include financial and social aspects of transplantation. Patient support mechanics should be explored. Patient's ability to obtain appropriate follow up care and medication should be determined.
- n. Lab studies which should be done:

CMP (Chem 14) CBC w diff

Evaluation of liver function Hepatitis Screen-includes Hepatitis C

CMV antibodies EBV antibodies

HIV Screen Tests Ca, P

C-peptide when indicated

- o. Financial coordination evaluation.
- p. A copy of recent EKG must be on file at UTMC on all transplant patients.
- q. The Transplant Coordinator will document the results of the received test in the patient's chart using the appropriate forms.
- r. Dietary consult as needed.
- 3. During the course of this workup, the patient will be interviewed by transplant surgeon who will further discuss kidney and/or pancreas transplantation particularly the risks and benefits. The patient will also meet with the Clinical Transplant Coordinator who reviews the entire process with them.
- 4. Candidate blood type determination and reporting documentation in the outpatient/clinic medical record will include:
 - a. At least, two separate ABO samples that are collected, resulted and documented before a candidate is eligible to be placed on the waiting list. The samples must be drawn on two separate occasions, have different collection times, be submitted as separate samples and have results indicating the same blood type. If there is conflicting or indeterminate blood type results, the coordinator will review with a physician and the patient will need to be drawn again for verification of the actual result.
 - b. The ABO samples will need to be reviewed and reported independently by 2 qualified health care professionals using source documentation (medical record lab results of the blood type samples). Both health care professionals must use all known available blood type determination source documents to verify they contain the blood type results for the candidate, indicate the same blood type on the test results and match the result reported to the OPTN. (Per UNOS definition; qualified health care professional is a person who is qualified at UTMC to perform blood type reporting or verification requirements in Tiedi. At UTMC, qualified healthcare professionals includes the RN Transplant Coordinators and/or the trained data coordinator. Training will be done annually to ensure competency).
 - c. Patient selection criteria used.
- 5. After completion of the workup, all reports are placed in the patient record and the patient is presented to the transplant committee for acceptance and placement on the active waiting list.
 - a. If at any time the nephrologist, coordinator, or surgeon considers the patient a poor candidate for kidney and/or pancreas transplant, the coordinator will present the patient's information to the transplant committee. The committee will then decide whether or not to complete the work-up.
- 6. The patients unsuitable for kidney and/or pancreas transplantation are:
 - a. Diagnosis and treatment for cancer in last 12 months other than localized skin (basal cell or squamous cell) or incidental cancers deemed to be of low metastatic potential.
 - b. Incurable cancer.
 - c. Poor surgical risk based on cardiopulmonary status.
 - d. History of noncompliance in other treatment modalities.
 - e. Chronic active hepatitis.

- f. Poor social support
- g. Active cigarette/nicotine smoking

Approved by:		Review/Revision Date:	
••		7/29/91	3/24/2021
		4/93	10/26/2021
/s/		5/95	3/14/2022
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Chief Nursing Officer/CNO		11/98	2/23/2024
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Director, Renal Transplant Program		9/07	
		12/2007	
		12/3/2008	
/s/		1/12/2010	
Kunal Yadav, MD	Date	8/31/2012	
Director, Pancreas Transplant Program		5/26/15	
		5/1/16	
		4/1/2019	
Review/Revision Completed By:			
Transplant Program			
Hospital Administration			
1		Next Review	Date: 7/1/2027

Policies Superseded by This Policy: Prior Selection of Candidates for Renal Transplantation that was departmental only.