


Name of Policy: <u>Outpatient Nutrition Counseling</u> Policy Number: 3364-140-30 Department: Transplant Administration (Nursing Service) Approving Officer: Chief Nursing Officer Director, Renal Transplant Program Director, Pancreas Transplant Program Responsible Agent: Transplant Administrator/Coordinators Director, Food & Nutrition/Registered Dietician Scope: The University of Toledo Medical Center	 Effective Date: July 1, 2024 Initial Effective Date: October 23, 2007
<input type="checkbox"/> New policy proposal <input checked="" type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy	

(A) Policy Statement

Patients undergoing evaluation for kidney and/or pancreas transplant and potential living kidney donation, will be evaluated by a Registered Dietician to determine the need for nutrition education.

(B) Purpose of Policy

To identify patients who may benefit from further nutrition assessment and education related to their disease condition or to improve their nutrition status.

(C) Procedure

1. Transplant Recipient Candidates and Potential Living Kidney Donors will have a nutritional evaluation by the Registered Dietician in the pre-evaluation process. The Dietician will document this evaluation in the electronic medical record. If warranted by the Nutritional evaluation, further nutrition assessment and counseling can be ordered.
2. Post-Transplant Recipients and Living Donor Patients will have involvement of the Registered Dietician during multidisciplinary rounds and the discharge planning process.

<p>Approved by:</p> <p><u>/s/</u> Kurt Kless, MSN, MBA, RN, NE-BC Chief Nursing Officer/CNO Date</p> <p><u>/s/</u> Michael Rees, MD Director, Renal Transplant Program Date</p> <p><u>/s/</u> Kunal Yadav, MD Director, Pancreas Transplant Program Date</p> <p><i>Review/Revision Completed By:</i> <i>Transplant Surgeon</i> <i>Transplant Administrator</i> <i>Director, Food & Nutrition</i></p>	<p>Review/Revision Date: 12/2007 1/9/2009 1/12/2010 12/4/12 4/15/15 3/15/17 5/1/2018 5/3/2021 3/1/2024</p> <p>Next Review Date: 7/1/2027</p>
<p>Policies Superseded by This Policy:</p>	