

Name of Policy: Transplant Nutrition

Policy Number: 3364-140-30

Approving Officer: Chief Nursing Officer, Medical Director, Renal Transplant Program, Medical Director, Pancreas Transplant Program

Responsible Agent: Transplant Administration

Scope: University of Toledo Medical Center



Effective date: 12/5/2025

Original effective date: 10/23/2007

Key words: Transplant, Nutrition, Evaluation, Education, Assessment

<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy
<input checked="" type="checkbox"/>	Major revision of existing policy	<input type="checkbox"/>	Reaffirmation of existing policy

(A) Policy Statement

Patients undergoing evaluation for kidney and/or pancreas transplant and potential living kidney donation, will be evaluated by a Registered Dietitian (RD) to determine the need for nutrition education. The RD will provide initial screening, assessment, and education as needed to optimize the patient's nutritional status before and after transplant.

(B) Purpose of Policy

To identify transplant candidates and living donors who may benefit from nutrition assessment and education ensuring nutritional status is optimized to support positive transplant outcomes. This policy ensures compliance with CMS, Joint Commission, and ODH requirements for nutrition evaluation and documentation.

(C) Procedure

1. Pre-Transplant Evaluation

- a. During the pre-evaluation process, the RD will complete and document a comprehensive nutrition screen in the electronic medical record (EPIC) for all kidney and pancreas transplant candidates and potential living donors.
- b. If indicated by the initial screen, a detailed nutrition assessment and education session will be scheduled and documented.
- c. The Transplant Coordinator or provider may also order a RD referral or consult directly in EPIC as needed.

2. Living Donor Screening

- a. Living kidney donors will be screened by the RD and, if warranted, provided with further nutritional assessment and education.

3. Post-Transplant Evaluation

- a. Post-transplant recipients and living donors will continue to receive nutritional assessment and education as needed throughout follow-up care.
- b. The RD will participate in multidisciplinary rounds and discharge planning to ensure ongoing nutritional needs are addressed and documented.

4. Documentation Requirements

- a. All nutritional screening, assessment, and education must be documented in the patient's electronic medical record (EPIC).
- b. Documentation must include date, time, nutrition plan, and RD signature or electronic authentication.

(D) _Roles and Responsibilities

- Registered Dietitian: Responsible for completing all nutrition screenings, assessments, education, and interventions and for participating in rounds and discharge planning.
- Transplant Coordinator: Ensures nutrition referrals are made and appropriate follow-up occurs.
- Nursing and Clinical Staff: Collaborate with the RD to address nutrition-related needs and reinforce education provided.
- Transplant Program Leadership: Ensure compliance with this policy and allocate resources for ongoing education and staffing.

<p>Approved by:</p> <p>/s/</p>	<p>Policies Superseded by This Policy:</p> <ul style="list-style-type: none"> • 3364-104-207 <i>Outpatient Nutrition Screening for Recipient and Donor Kidney Transplant Patient</i>
<p>Daniel Barbee Chief Executive Officer</p> <p>12/5/2025</p>	<p>Initial effective date: 10/23/2007</p>
<p>Date</p> <p>/s/</p> <p>Kurt Kless, MSN, MBA, RN, NE-BC Chief Nursing Officer</p> <p>12/5/2025</p>	<p>Review/Revision Date:</p> <p>12/2007 1/9/2009 1/12/2010 12/4/12 4/15/15 3/15/17 5/1/2018 5/3/2021 3/1/2024 12/5/2025</p>
<p>Date</p> <p>/s/</p> <p>Michael Rees, MD Medical Director, Renal Transplant Program</p> <p>11/7/2025</p>	
<p>Date</p> <p>/s/</p> <p>Kunal Yadav, MD Medical Director, Pancreas Transplant Program</p> <p>11/14/2025</p>	
<p><i>Review/Revision Completed by:</i></p> <p><i>Transplant Surgeons</i></p> <p><i>Transplant Administrator</i></p> <p><i>Manager, Dietitians</i></p>	<p>Next review date: 12/5/2028</p>

