

**UTMC CARE CLINIC GUIDELINES  
RYAN WHITE PROGRAM**

**Guideline: Recovery Readiness and Harm  
Reduction**



**Policy Number Superseded:**

**Responsibility:** Treatment providers of multidisciplinary team

**Effective Date:** 4/2026

**Purpose of Guideline:** To provide best practice guidelines that are in line with stage wise treatment interventions.

**Initial Effective Date:**  
4/2024

**Procedure:**

- (A) Client engagement, education, and expectations concerning the goal of harm reduction or abstinence, will be provided to each individual receiving services.
- (B) Care will be individualized to the client.
- (C) Harm reduction principles will be recognized as a valid option for individual recovery.
- (D) Coordinating stage wise interventions will be implemented by providers to the stage of change identified. Clients may be referred to appropriate supportive services in the community.

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Initial effective date: 4/2024

Review/Revision Date: 4/2026

Next review date: 4/2029