



## Department of Medicine: UTMC Care Clinic

**Title:** Recovery Readiness and Harm Reduction

**Purpose of Guideline:** To provide best practice guidelines that are in line with stage wise treatment interventions.

**Responsibility:** Treatment Providers of Multidisciplinary Team.

**Procedure:**

1. Client engagement, education, and expectations concerning the goal of (1) Harm Reduction or (2) abstinence will be provided to each individual receiving services.
2. Care will be individualized to the client.
3. Harm reduction principles will be recognized as a valid option for individual recovery.
4. Coordinating stage wise interventions will be implemented by providers to the stage of change identified. Clients may be referred to appropriate supportive services in the community.

Resources: Substance Abuse Treatment Scale (SATS) Mueser et al. (1995)  
Hazelden Care Network  
HIV/AIDS Bureau Policy 16-02

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