

Quality of Life in the Community

Recall the definition from the Centers for Disease Control and Prevention, which is one way to describe Quality of Life:

“Quality of life (QOL) is a broad multidimensional concept that usually includes subjective evaluations of both positive and negative aspects of life. What makes it challenging to measure is that, although the term “quality of life” has meaning for nearly everyone and every academic discipline, individuals and groups can define it differently. Although health is one of the important domains of overall quality of life, there are other domains as well—for instance, jobs, housing, schools, the neighborhood. Aspects of culture, values, and spirituality are also key domains of overall quality of life that add to the complexity of its measurement.”

Source: <https://www.cdc.gov/hrqol/concept.htm>

Quality of life includes both positive and negative aspects of life in a community (underlined above).

In thinking about our community, list three positive things and three negative things that contribute to quality of life. Explain how each contribute to quality life.

Community Factors	Reasoning for Choice
Positive:	
1.	
2.	
3.	
Negative:	
1.	
2.	
3.	