

Marijuana Quiz Answers

1. _____ stated that heavy use of marijuana can cause a lack of motivation or impaired desire and reduced productivity.
 - a. Tolerance
 - b. Amotivational Syndrome**
 - c. Marijuana Use Disorder
 - d. Withdrawal

2. Name one relaxation technique that one can use in place of marijuana.
 - Deep breathing
 - progressive muscle relaxation
 - guided imagery
 - grounding

3. Which of the following is not an effect of marijuana use?
 - a. Dry mouth
 - b. Impaired memory
 - c. Heightened senses
 - d. Loss of appetite**

4. **True** or False: High doses of marijuana can cause delusional and bizarre behavior and hallucinations.

5. Name one way to tell if your marijuana use might be problematic.
 - You have difficulty cutting back, or can not seem to stop even if you need to (job, drug tests, court)
 - You spend a large amount of time either using, preparing, being high or thinking about weed
 - You spend more money on marijuana than you should. Other items may not get paid or bought so that you can buy weed.
 - You find yourself thinking you can not enjoy anything without getting high first
 - You smoke but no longer become high...but continue to smoke hoping you will get high like you used to

6. True or **False**: The best way to reduce marijuana use is to set an immediate goal to stop using marijuana in all forms.

7. Which of the following is not a symptom of marijuana withdrawal?
 - a. Increased appetite**
 - b. Sleeplessness

- c. Anger and aggression
 - d. Anxiety
8. Which of the following is a possible therapeutic effect of marijuana use?
- a. Appetite suppressant
 - b. Muscle relaxation**
 - c. Antipsychotic treatment
 - d. Increased focus/attention
9. _____ is a person's diminished response to a drug that is the result of repeated use.
- a. Withdrawal
 - b. Amotivational Syndrome
 - c. Tolerance**
 - d. Marijuana Use Disorder
10. _____ is a compound in cannabis that has medical effects but does not make people feel "stoned" and can actually counter the psychoactive effects of other ingredients.
- a. THC
 - b. Cannabidiol**
 - c. Joint
 - d. Delta-9-tetrahydrocannabinol