

# Blank Values Compass

For each of these domains, write a quick summary of your values or list of your values, such as, “humor, support, to be a good friend to people who need me, and to enjoy my time with the people I love” (friendships).

Rate each domain for how important it is to you from 0-10 (0=not important)

**Family**

**Friendships/Social**

**Romantic/Intimate**

**Community**

**Employment**

**Education/Training**

