

# ROCKET EX



May 12 – August 1 | Summer 2025 Group Fitness Classes

RocketEX classes are FREE to Rec Services Members including UToledo students

## Student Recreation Center – Main Campus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Turn- Up Dance</b> 5:30 – 6:15 P.M. FS   Alice	<b>Pilates</b> 5:00 – 6:00 P.M. FS   Kayla	<b>Zumba</b> 5:30 – 6:15 P.M. FS   Charmaine	<b>MX4</b> 5:30 – 6:00 P.M. MX4   Renee		<b>Zumba</b> 10:30 – 11:15 A.M. FS   Mae
<b>MX4</b> 5:30 – 6:00 P.M. MX4   Ryan	<b>MX4</b> 5:30 – 6:00 P.M. MX4   Jessica	<b>Yoga</b> 6:30 – 7:30 P.M. FS   LJ	<b>MX4</b> 6:00 – 6:30 P.M. MX4   Renee		<b>Yoga</b> 11:30 A.M. – 12:30 P.M. FS   Kayla
	<b>Gentle Yoga</b> 6:15 – 7:15 P.M. FS   LJ				

## Morse Fitness Center – Health Science Campus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<b>Cardio Drumming</b> 12:15 – 1:00 P.M. MFS   Waverley	<b>Pilates</b> 5:30 – 6:15 P.M. MFS   Kayla	<b>Drumbata</b> 12:15 – 1:00 P.M. MFS   Waverley

**SCAN THE QR CODE OR VISIT [UTRECPORTAL.UTOLEDO.EDU/](https://utrecportal.utoledo.edu/) FOR CLASS REGISTRATION.**

**\*Blue classes are FREE to all UToledo faculty, staff and students. No membership required.**

Drop-in RocketEX rate for Non-Members is \$10 per day.

### IMPORTANT DATES – Schedule subject to change or cancellation

No RocketEX Classes:

- May 26 (Memorial Day)
- June 19 (Juneteenth)
- July 4 (Independence Day)



### KEY:

CR: Cycling Room | FS: Fitness Studio | MX4: MX4 Room  
MFS: Morse Fitness Studio



Recreational Services