

MBTI and Major Choice

People tend to be attracted to and are most satisfied with careers that provide them with the opportunity to express and use their preferences. The second (Sensing or Intuition) or third (Thinking or Feeling) letters of your MBTI type may be most related to what major or career you choose. The table below shows what you prefer to focus on, how you might use your abilities and then some sample majors and career areas that are related to these combinations.

You should also realize that ANY type can be successful in ANY major or career.

ST	SF	NF	NT
Focus on: Facts	Focus on: Facts	Focus on: Possibilities	Focus on: Possibilities
Ability used in: technical skills with facts & objects	Ability used in: practical help and services for people	Ability used in: understanding and communicating	Ability used in: theoretical and technical development
Handle with: applying facts and experience	Handle with: meeting the daily needs of people	Handle with: understanding the aspirations of people	Handle with: developing theoretical concepts
Academic majors focusing on: Applied sciences, business administration, accounting and banking, law enforcement, skilled trades, engineering, construction	Academic majors focusing on: Health care, community service, teaching, supervision, religious work, office work, sales	Academic majors focusing on: Counseling and human services, psychology, behavioral science, literature, art & music, health care, teaching	Academic majors focusing on: physical science, research, management, computers, law

The following page lists a few of the majors at The University of Toledo for each of the sixteen types. You will notice overlap between types and majors which simply reiterates the theme that any type preferences can be successful in any major/career.

Action Steps

- Look through a list of UT majors and compare the ones you are interested in or are considering to the majors and focus areas for your MBTI type.

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Sources: Introduction to Type & Introduction to Type in College

ISTJ	ISFJ	INFJ	INTJ
Accounting Biology Criminal Justice Finance Exercise Science Geology Medical Technology Civil engineering	Criminal Justice Psychology Finance History Medical Technology Religious Studies Social Work	Art Communication Psychology Latin American Studies Marketing Nursing Physical Education Sociology Urban Studies	Biochemistry Psychology Finance Mathematics Sociology Urban Studies Environmental Sciences Business Management Technology
ISTP	ISFP	INFP	INTP
Biology Finance Law and Social Thought Geology Economics Theatre Mathematics	Art Psychology Exercise Science Law and Social Thought Foreign Languages Nursing	Management History Medical Technology Foreign Languages Music Psychology Religious Studies Social Work	Chemistry Information Systems Criminal Justice Economics Finance History Legal Secretarial Technology Physics
ESTP	ESFP	ENFP	ENTP
Art Biology Information Systems Medical Technology Environmental Studies Theatre	Psychology Exercise Science Geology Nursing Speech Language Pathology Social Work	Anthropology Art Chemistry Early Childhood Education Marketing Foreign Languages Sociology Communication	Information Technology Communication Criminal Justice Finance Mechanical Engineering Technology Marketing History
ESTJ	ESFJ	ENFJ	ENTJ
Mechanical Engineering Public Relations Music Accounting Finance Political Science	Psychology Marketing Nursing Physical Education Religious Studies Social Work Speech Language Pathology	Communication Psychology Management Marketing Public Relations Urban Studies Foreign Languages	Economics Secondary Education (AYA) Management International Business Political Science Sociology Anthropology