



Psychology 1010: Principles of Psychology

The University of Toledo

College of Language, Literature, and Social Sciences

PSY 1010:009

Name	: Yopina Pertiwi, M.A.	Office Phone	: Email is best
Email	: Yopina.Pertiwi@utoledo.edu	Class Location	: BO 1049
Office Hours	: TR 3:00 to 4:30 (or by appt)	Class Day/Time	: TR 12:55 – 2:15
Office Location	: UH 6506	Credit Hours	: 3

CATALOG/COURSE DESCRIPTION

A survey of the branches of psychology and the scientific approach to the study of behavior.

STUDENT LEARNING OUTCOMES

Upon completion of this course, the student will be able to:

1. Recognize major perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and sociocultural).
 - a. Compare and contrast major perspectives
 - b. Describe advantages and limitations of major theoretical perspectives
2. Recognize different research methods used by psychologists.
 - a. Describe how various research designs address different types of questions and hypotheses
 - b. Articulate strengths and limitations of various research designs
 - c. Distinguish the nature of designs that permit causal inferences from those that do not
3. Describe and explain the influence of nature and nurture in human behavior.
4. Describe and explain major theories and some applications in various psychological areas of research (e.g., learning, motivation, life-span development, social psychology).
5. Think critically and examine various applications of psychological theories and measurements in everyday life behavior as well as across cultures.

PHILOSOPHY OF TEACHING (TEACHING METHODOLOGY)

This is a face-to-face class and an active learning course that will require students to be fully engaged.

The class will consist of lectures, videos, class activities, and discussion. Students are expected to have read the textbook chapter before class. This will allow you the ability to focus on the lecture material better, as well as to ask questions pertaining to lecture and the text. I strongly encourage class participation. Not only does this help me confirm that you understand the material, it can also help your classmates by giving other examples or explaining a concept in another way. To encourage active learning that will help students to engage better with the topics and the lectures, there will be various class activities in every class meeting. In addition, you will have to complete short quizzes by the end of each



lecture that will be discussed in the next meeting. If you have questions about the material that you would like discussed during class, but do not feel comfortable asking the question in class, email me before class and mention that you would like me to go over the topic again.

PREREQUISITES AND COREQUISITES

None.

REQUIRED TEXTS AND ANCILLARY MATERIALS

Sanderson, C.A. & Huffman, K. (2014/2017). *Real World Psychology*, 2nd ed. Hoboken, NJ.: Wiley.

TECHNOLOGY REQUIREMENTS

This course uses Blackboard for quizzes, exams, and assignment submission.

UNIVERSITY POLICIES

Academic Accommodations

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in this course please contact the [Student Disability Services Office](#).

ACADEMIC POLICIES

Attendance: *Please arrive to class on time and do not leave (or start packing your things) early.* This is disrupting to your fellow classmates as well as the instructor. Class attendance is not required, however, coming to class well prepared also gives you a chance to earn occasional extra credit points. I do not post audio of my lectures on the course website and I do not consent to being photographed or recorded during lectures unless you have explicit permission from the University and me to do so. This includes recording of lectures on your phone, laptop, smartpen, etc. If you miss class, ask classmates for their notes, and check Blackboard for additional materials on the topic. If you still have trouble with the topic, please see me or the class TAs for help.

Academic Dishonesty: ***Cheating will not be tolerated!*** The first instance of cheating will result in a zero (0) for the assignment or exam and a note in your college file. A second instance will result in an F grade for the course and a note in your college file. A low grade that results from cheating will not be deleted if you retake the course for a higher grade. ***Cheating includes (but is not limited to) use of nonpermitted resources for exams or assignments such as friends, internet, books, etc., or using a cell phone during an exam for any reason. Plagiarism (use of another person's words without citing a reference to assign credit to them) is not tolerated either;*** always use your own words in all assignments. See the university's policy on academic honesty posted in the course website in Blackboard.

Late Policy:

- ***Late exams are accepted, however, each will be penalized 20% per day late*** (this includes weekends!). If you need to take an exam late due to an excused absence as documented by the "University of Toledo Missed Class Policy", then written documentation is required, and extra time for completion will be determined by the instructor (please see the link on Blackboard if you are unfamiliar with UT's missed class policy). You will not be penalized if you have an excuse



absence, however, failure to notify the instructor about the absence in a reasonable time will result in the above penalty.

- **Late quizzes are not accepted**, unless you have an excused absence that covers the entire time the assignment has been available (FYI, ALL quizzes will be available from the beginning of the semester).
- **Late paper assignments are accepted, but will be penalized 20% per day late** (including weekend).

Phones: I really hope this goes without saying, but please do not talk on your phone or text during class. Your phone should be on silent, not vibrate. You may be asked to leave the class if caught using phone or texting during class. If you are waiting to hear back from an urgent phone call/text please sit near the door so you can excuse yourself when your phone rings.

Respect: Please be respectful to your fellow students, the instructor, and the TAs. Disrespectful students may be asked to leave the classroom.

Extra Credit: I understand that sometimes life happens so I will give several extra credit opportunities throughout the term. These will be announced throughout the semester.

COURSE EXPECTATIONS

This course is designed to help you gain an appreciation of the scientific basis of the entire discipline of Psychology. You will learn about what psychologists study, how they study it, what they know (or don't know), and the difficulties in understanding behavior. During the academic year, expect to spend about 9-12 hours per week reading the textbook, practice with the quizzes, submitting all course assignments on time, and studying on your own if you want to get the highest grade of which you are capable.

OVERVIEW OF COURSE GRADE ASSIGNMENT

- **Participation in Psychology Experiments (REQUIRED):** You are required to participate in research in the psychology department. You must earn **four experiment credits** in order to receive a grade in the course, three of which can be completed online if you choose. If enough experiments are available, you may be allowed to earn extra credit by participating in more than four credits. If you are unable or unwilling to participate in experiments, you may write a review of a research paper instead. The details of how to choose a journal article to review and how to write the review is provided in Blackboard. **If you choose to write review papers, the instructor must approve the article you choose before you turn it in (send the article that you would like to review 2 days before the due date at the very least).** You must fulfill this requirement one way or the other. If you do not fulfill this requirement you will receive an incomplete for this class regardless of the grade you earned (which will be turned into an "F" if you fail to complete this requirement the following semester). REMEMBER, the last day of the semester will be the last day you can participate in any experiments and also the due date for submitting review papers.
- **Class exams:** There will be three unit exams and a comprehensive final. Each of the unit exams consists of 50 questions and worth 100 points, while the comprehensive final exam consists of 75 questions and worth 150 points. This part of the assignment constitutes around 55% of your total



grade. There is also an optional exam which you can take if you wish, that can be used to exchange one unit exam's grade (the lowest among the three) or as a make up for one missed exam. The optional exam will worth exactly the same as the unit exam.

You can take the exam in the computer lab on campus with a test proctor. Each exam will be offered over a 4 day period. You may take your exam at any time the lab is open (lab availability will be posted on Blackboard). Keep in mind that many instructors use this lab for their exams, so the lab does get busy. Plan ahead and do not wait until the last day. **You will need to bring a photo ID with you to the lab, and will need to know my name (either first or last) so the lab proctor can check you in faster.** Do not arrive at the lab less than an hour before it closes for the day. Do not try to cheat. The lab proctors will tell me if they see you cheat. **You may not use the book, notes, your phone (put it away!), etc. on the exams, it is considered as cheating (see the academic dishonesty policy in this course syllabus).** When you sign in to take the exam in the lab, the proctor will have to hand over your cellphone to the proctor and he/she will give it back to you when you finish taking the exam.

Each unit exam will cover 4 chapters, and the comprehensive final exam covers all the chapters (including 12 and 13). The optional exam will only cover chapters 12 and 13.

- Exam 1 (Chs. 1, 2, 3, 4)
 - Exam 2 (Chs. 5, 6, 7, 8)
 - Exam 3 (Chs. 9, 10, 11, 14)
 - Comprehensive exam (Chs. 1 to 14)
 - Optional exam (Chs. 12 & 13)
- **Online quizzes assignments:** There are 7 quizzes throughout the semester. Each quiz will cover 2 chapters and will be due by the last day of the lectures on the second chapter (**see schedule for the due dates**). Each quiz will worth 25 points, hence this part of assignment constitutes around 21% of your total grade. **These cannot be turned in late and missing assignments earn 0 points.**
 - **Writing assignments:** Writing clearly is important and everyone needs practice. You will have two writing assignments in the form of essays. **Essays are submitted through Blackboard;** topics and due dates will be assigned in Blackboard. **The essays should be up to 2 pages double-spaced. Each essay worth up to 100 points when the ideas are clear and presented in an orderly sequence, with no spelling or grammatical errors.** Make sure that every word is appropriate to convey the meaning you intend and make sure there are no extra words or sentences used as filler. Read and take notes to help develop your ideas then write only from your notes. Instructions for submitting will be provided in Blackboard. We will grade essays very strictly. Essays constitute about 24% of your grade. **Warning! All essays will be checked for plagiarism. Never, ever copy and paste from any source into your essay. If you are caught of plagiarism, you will receive zero on your essay.** Express your own ideas in your own words and take responsibility for your own grade.



Midterm Grading

Midterm grades will be based on the first unit exam and all assignments associated with the first six chapters. Detailed information about your performance in this course is available to you continuously in the course website on Blackboard but the midterm summary serves as a reminder of your progress and must be reported to the registrar and to the financial aid office. A midterm grade of D or F, especially if associated with non-attendance, may place financial aid in jeopardy.

Final Grading

Grading Scale

A = 763.13 – 825 (92.5 - 100%)	C = 598.13 – 639.37 (72.5 - 77.49%)
A- = 742.50 – 763.12 (90 - 92.49%)	C- = 577.50 – 598.12 (70 - 72.49%)
B+ = 721.88 – 742.49 (87.5 - 89.99%)	D+ = 556.88 – 577.49 (67.5 - 69.99%)
B = 680.63 – 721.87 (82.5 - 87.49%)	D = 515.63 – 556.87 (62.5 - 67.49%)
B- = 660.00 – 680.62 (80 - 82.49%)	D- = 495.00 – 514.62 (60 - 62.49%)
C+ = 639.38 – 659.99 (77.5 - 79.99%)	F = below 495.00 (below 60%)

W - if you withdraw from the course after the end of the drop period.

IN - Incomplete grades are *only assigned in extraordinary circumstances* beyond the student's control and only if the student has completed at least 3 exams with a passing grade. Under no circumstances will a student be allowed to retake an entire course in order to complete this course.

Not Attending - Failure to do assignments and take exams will be reported to the registrar and such non-attendance may affect your financial aid.

COMMUNICATION GUIDELINES

I am happy to help you if you are struggling with the course material, or have other questions. If this is the case, please either send me an email or stop by my office during office hours. If you cannot make it during my office hours, please send me an email and we will figure out another time to meet. Please use the email address listed above instead of contacting me through Blackboard. Finally, grades will not be discussed over email. If you feel that a mistake was made with your grade, please email me to set up an appointment so we can discuss this in person. Please remember to consider emails as formal communications between you and your instructors, so use complete sentences with proper grammar and spelling when sending me emails. If I cannot understand your email, I won't be able to answer your question.

STUDENT SUPPORT SERVICES

The University of Toledo offers academic and personal support services to help you succeed:

University Libraries are your gateway to information that connects you with the resources you need for education, research, and patient care.

Tutoring services for all UT students is available through the Learning Enhancement Center in Carlson Library, including writing.

The Writing Center provides free, face-to-face and online tutoring for writers in all disciplines. The staff can help you with a variety of writing assignments.

The Counseling Center can help you with transitioning to college and maintaining a healthy lifestyle. If you or a friend ever feel overwhelmed adjusting to college or in need of crisis intervention or mental health services, please contact the Counseling Center.



A Success Coach has been assigned to all new students to help navigate the college experience by serving as a single point of contact. Your Success Coach can help you build skills, refer you to support services, and aid in your overall success so be sure to stay connected to him or her throughout your academic journey. If you need assistance connecting with you success coach, send an email to successcoach@utoledo.edu.

COURSE SCHEDULE

Week	Date	Chapter	Topic	Assessment
1	1/16		Course Overview	
	1/18	1	Introduction to Psychology and its Research Methods	
2	1/23		Introduction to Psychology and its Research Methods	
	1/25	2	Neuroscience and Biological Foundations	
3	1/30		Neuroscience and Biological Foundations	Pretest due Quiz 1 due
	2/1	3	Stress and Health Psychology	
4	2/6	4	Sensation and Perception	
	2/8		Sensation and Perception	Quiz 2 due
5	2/13	5	States of Consciousness	Exam 1 (2/12 to 2/15)
	2/15	6	Learning	
6	2/20		Learning	
	2/22		Learning	Quiz 3 due
7	2/27	7	Memory	
	3/1		Memory	Essay 1 due
8	3/6		Spring Break	
	3/8		Spring Break	
9	3/13	8	Thinking, Language, and Intelligence	
	3/15		Thinking, Language, and Intelligence	Quiz 4 due
10	3/20	9	Life Span Development	Exam 2 (3/19 to 3/22)
	3/22		Life Span Development	
11	3/27	10	Motivation and Emotion	
	3/29		Motivation and Emotion	Quiz 5 due
12	4/3	11	Personality	
	4/5		Personality	
13	4/10	14	Social Psychology	
	4/12		No Class (away for a conference)	
14	4/17		Social Psychology	Quiz 6 due Essay 2 due
	4/19	12	Psychological Disorders	
15	4/24	13	Therapy	Quiz 7 due



			Exam 3 (4/23 to 4/26) Optional Exam (opens from 4/23 to 5/3)
	4/26	All Unit Review	
16		Finals week	Comprehensive final exam (4/30 to 5/3)