

# Higher Education Student Association Newsletter

January 2015

## HESA Winter Dinner

January 16th marked the first HESA Winter Dinner! The event was hosted at Mitch's lovely house and even with snow on the ground and freezing temperatures everyone came out for a fun evening. The event was a hit and there were tons of small appetizers and food to snack on. HESA had everything from a veggie pizza to spaghetti and even a blooming onion. This was a nice way to hang out with everyone after winter break and an even better way to start off the spring semester.

Some of the 2nd year cohort members



JP and Joe



Alex and Brittanie



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## HESA Winter Dinner

Continued....

Winter Dinner Group Picture



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## What, Who is HESA?

So you love the HESA newsletter but are not sure what HESA exactly is? No worries, we are going to provide some insight.

HESA is the Higher Education Student Association at the University of Toledo. HESA is a student run organization for Higher Education students and guess what? Everyone in the Higher Education program is a member of HESA! HESA has five executive officers that help coordinate events that our students would like to see happen over the course of the academic school year. To ensure that HESA provides our students with the best activities, professional development opportunities and information possible, HESA takes polls in the beginning of the year and throughout the semester to see what types of events our students want. From your feedback HESA does it's best to organize events that cater to the development of our students. Our events are open attendance and we try to provide several opportunities for networking, professional development and panel discussions during the school year. HESA finds a balance between social opportunities and activities for the advancement and development of our students. If you have not made it out to any of HESA's events we strongly encourage that you do so. We promise you will not be disappointed!

Many have asked how do you become involved with HESA or have expressed desire to sit on the executive committee. The answer to this is simple, just ask. HESA can always use new ideas, and help for upcoming events. Or you can attend one of our bi-weekly execu-

tive meetings on Tuesday evenings at 8 pm. Just make sure to reach out to an executive officer to find out if that week HESA is meeting for sure.

The main point is that there are endless ways to become involved with HESA. If you are interested in becoming apart of the executive team start talking to those already on the executive team to get an idea of the time commitment, and responsibilities. Not only is being an executive officer fun and exciting, it is also an added bonus to put on your resume. So take some time and think about if becoming a HESA executive officer is right for you. HESA will be holding new executive officer elections in April and will announce the new HESA officers at HESAPalooza. More details will be emailed in the following months, so stay tuned.

In the end, whether you are an executive officer of HESA, or member of HESA there are several ways to get involved. Reaching out and finding that involvement is up to you.



If you have any information that you would like to share or have apart of our next newsletter please be sure to forward that information to [hesa1872@gmail.com](mailto:hesa1872@gmail.com)

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## HESA TURKEY TROT

On November, 21st HESA hosted the first every Turkey Trot at Ann DeAngelo's apartment. Several Higher Education students and their guests gathered to share food and fun. Everyone brought something special to share and HESA was overjoyed with the response. There was delicious pot roast, savory onion casserole, spicy buffalo dip, scrumptious shrimp, delectable veggie trays, creamy spinach dip and so much more. HESA even welcomed back an alumnae to the event.



This was a great opportunity for our students to take a break from final papers and projects and just enjoy the upcoming holidays. As you can see a great time was had by all. HESA is already looking forward to the Turkey Trot next year.



### Upcoming Events:

**February 22nd**

**HESA Sunday Funday 4pm-???**

Come out and enjoy a day of bowling with HESA. After bowling we will grab a bite to eat someplace fun!

**March 17th**

**HESA St. Patrick's Day 8pm-???**

Details TBD

**March 21st**

**HESA Big Event 10am-4pm**

Come out to help at the BIG EVENT. Make sure to register for the even and indicate HESA as your group so that we can all be placed together. Please check your previous emails for information about registration.